



A Lesson On Fame And Friendship

by Di Saggau

Ever wondered what it would be like to be a friend of Barbra Streisand or to work for her? Well that's what playwright Jonathan Tolins wondered, so he wrote a play about it. *Buyer & Cellar* at Theatre Conspiracy starts out with Alex (Kody C. Jones) bounding on stage, singing *Memories* along with Barbra Streisand's recording. It doesn't last long. He realizes that would be silly, and he explains that this play is a complete work of fiction. He talks about conversations that never took place. He says, "You know that, right?"

Yes, the story is fiction, but there is a bit of fact involved. Streisand did publish a book, *My Passion for Design*, a rather pretentious book full of photos of her Malibu home. Beneath a barn on the property, she installed an enormous shopping mall that holds her numerous possessions. The mall looks like shops. Streisand's basement is just like any other mall, except for the total lack of customers or employees. "What if," we're asked, "somebody had to work down there?"

So begins the fantasy tale about Alex, a



Kody C. Jones

photo provided

struggling actor, hired to sit in her underground mall all day. It's a lonely existence until one day Streisand shows up, eager to talk about herself and her sad tale of growing up in Brooklyn. A sort of friendship is formed and Streisand talks Alex into being her acting coach. Meanwhile, Alex's

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SoCo Second Saturday Art Crawl Marks First Anniversary

SoCo Second Saturday Art Crawl is reaching its first anniversary in October, and another artful night is expected along the SoCo Cultural District. The monthly rain-or-shine event will take place Saturday, October 14 from 6 to 10 p.m.

DAAS Co-op Art Gallery & Gifts is celebrating the art crawl's first year with an opening reception for guest artist Ric Moreira during the evening. The exhibition is entitled *dis-in-te-gra-tion*.

Moreira, a resident of St. Petersburg, is originally from the Autonomous Region of Azores, Portugal. "My abstract paintings are the result of deep inner feelings interacting with the materials I'm using and the environment I'm in. I am in a constant dialogue with my work, allowing my emotions and insecurities to manipulate how the painting develops," he said.

Moreira uses a variety of mediums to create his two-dimensional compositions.

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Work by Ric Moreira

image provided



Visitors viewing quilts during the annual Airing of the Quilts at Edison & Ford Winter Estates
photo provided

Clothesline Quilt Show Next Saturday At The Estates

Edison & Ford Winter Estates will open the Henry Ford Estate with the annual Airing of the Quilts clothesline quilt show on Saturday, October 21. Dozens of quilts from the Quilters' Guild will be on display, suspended from clotheslines between trees from 10 a.m. to 2 p.m. Antique quilts from the 1880s to 1940s will be on display inside the Ford house.

At 11 a.m., living history characters Mina Edison and Clara Ford will host Quilts,

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East Coast Band And Beer Company Pair Up For Concert Series



The Copper Tones

photo provided

Two Southeast Florida favorites are coming to downtown Fort Myers for the Noteworthy Series at Sidney & Berne Davis Art Center. The Copper Tones from Fort Lauderdale are pairing with Islamorada Beer Company to bring fans a sample of the east coast on Friday, October 20. Doors open at 7 p.m. and the

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Historic Downtown Fort Myers, Then And Now:

High School Days



by Gerri Reaves, PhD

Many people look back on their high school days as some of the best of their lives. The passage of time tends to dim the angst and uncertainty of those teen years and endow them

with a rosy glow.

In retrospect, everyone was young and energetic, and all things seemed possible. Each day and each thing mattered – sometimes agonizingly so.

These film stills of Fort Myers Senior High students in 1938 capture some of that poignant optimism and carefree attitude – when just getting to school on time and having fun was the main job of the day.

The films were made by Billy Nalle, a member of the Fort Myers Senior High class of 1939. Already a musical prodigy and seasoned performer, he was the accomplished class photographer and had turned his interest to film as well.

Among his subjects were local scenes suitable for a photojournalist, such as the dedication of the Fort Myers Yacht Basin in the late 1930s or aerial shots of Fort Myers in 1938.

But much of the film footage was more personal -- devoted to his high-school friends, most of them from his own class.

Imagine the timeframe of these images...the Great Depression was ending and World War II would not erupt in Europe for another year.

None of the boys appearing in the films were yet contemplating wartime military



Sara Sciple (center), class of 1939, picnics on Fort Myers Beach



Mila Honc (Pottinger) (left) and Elizabeth Honc (Himschoot) arrive at school in pigtails on Kid Day. They were classes 1938 and 1939, respectively, at Fort Myers Senior High on Thompson Street.

Film stills courtesy Southwest Florida Historical Society, Billy Nalle Collection

service, as they inevitably would after the attack on Pearl Harbor three years later.

In one film sequence, Nalle's camera captured the playfulness of Kid Day at Fort Myers Senior High, which was then on Thompson Street between Royal Palm Avenue and Fowler Street, on the site of today's Melvin Morgan Constitutional Complex (also facetiously known as the "Darth Vader Building").

On that quirky day, students ruled,

calling recess when they wanted to and dressing in little kids' clothes if they wished.

For boys who dressed up, an "Our Gang" or "Little Rascal" look prevailed: patched cut-off pants, overalls and beanie caps and slingshots and marbles as playground accessories.

A few girls sported a baby-doll look: ruffled dresses, big hair ribbons, pigtails, and baby bonnets, accessorized with dolls or lollipops.

The scene became more sedate, however, once the school day began, as Nalle filmed teacher Elizabeth Hamilton's chemistry class, including classmates such as Ellen Stucky conducting a laboratory experiment.

Nalle also took his camera to Fort Myers Beach for a picnic and filmed his classmates preparing food, frolicking in the surf, tossing a football, roasting hot dogs over a fire and driving cars to water's edge.

Students sat on car running boards while enjoying the food and, as activities wound down, they watched the sun set.

You can share in these carefree moments from almost eight decades ago on October 18 at the Sidney and Berne Davis Art Center, when Nalle's films from 1930s and 1940s Fort Myers will be shown.

Meanwhile, visit the site of the old Fort Myers Senior High and imagine the fun of Kid Day 1938.

Then learn more about local history at the following two research centers.

The Southwest Florida Historical Society is an all-volunteer, non-profit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit www.swflhistoricalsociety.org for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park. Hours for the all-volunteer, non-profit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only.

For information, call 332-8778 or visit www.leecounty-blackhistorysociety.org.

Sources: Archives of the Southwest Florida Historical Society.*



Alice Stone Veal (McDowell) (left) and Margery Franklin (Welch), both class of 1939, smile for the camera before class



Bill Shepler assists Wayles Wood (Kimpland) with her bathing cap at a Fort Myers Beach picnic. Both were class of 1939.

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FGCU University Chamber Choir

photo provided

Church To Host Fall Concert On October 15

The Chamber and University Choirs of Florida Gulf Coast University will present a fall concert at New Hope Presbyterian Church on Sunday, October 15 at 3 p.m. Admission is free to the public.

Dr. Sandra Peter of Stetson University will serve as the guest director for the concert. The chamber choir is a select ensemble of mixed voices. The university choir is a large ensemble of mixed voices and is open

to all students of the university.

Dr. Peter is a native of Saint Paul, Minnesota, and holds degrees from Concordia College (Moorhead), the University of Arizona and the University of Iowa. In addition to being a founding member of the National Lutheran Choir, she has served as a professor of music at Luther College as well as a director of music in churches. Her compositions for choir are published through MorningStar Music and the Neil Kjos Company.

New Hope Presbyterian Church is located at 10051 Plantation Road in Fort Myers. For more information, contact the New Hope church office at 274-1230 or visit www.newhopefortmyers.org.

Cult Film Screening At The Alliance

The Alliance for the Arts will hold an outdoor screening of *The Rocky Horror Picture Show* on Saturday, October 21 at 7 p.m. The GreenMarket lawn event features local shadow cast, The Forbidden Triffids, who will be onsite selling prop bags.

Tickets are \$10 presale or \$15 at

the door. Blankets and lawn chairs are welcome for first come, first served seating. Food and beverages will be available for purchase and complimentary popcorn provided by Hello SWFL. Coolers are not allowed.

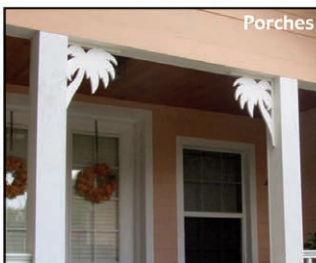
The show is sponsored in part by Art & Soul Tattoo and Gallery, Red Headed Witches and Hello SWFL.

The Rocky Horror Picture Show is rated R, which requires accompanying parent or adult guardian. The film contains some adult material.

For more information, call 939-2787 or visit ArtInLee.org/Rocky.



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Taste Of The Town VIP Tickets On Sale

A limited number of VIP tickets are on sale for The Junior League of Fort Myers 35th annual Taste of the Town, which will be held at Alliance for the Arts on Sunday, November 5 from 11 a.m. to 5 p.m.

Tickets are \$60 each or \$100 for a pair. To purchase your tickets now, visit www.jlfm.org. Each VIP ticket includes admission to Taste of the Town, free private on-site parking, unlimited access to the indoor air-conditioned VIP area and private bathrooms, three complimentary beer/wine tickets, complimentary water or Coke products, one free drawing ticket for a chance to win great prizes, a swag bag that includes exclusive offers and relaxed seating inside VIP. Your VIP ticket does not include the cost of food or drinks from the vendors in the park. For a complete list of VIP drawing items and perks, visit www.jlfmtaste.com – VIP Experience.

Southwest Florida's original "taste" event is one of the largest outdoor food and entertainment festivals and the signature fundraising event of the Junior League.

"VIP tickets are hugely popular and provide an exclusive experience at Taste of the Town," said Laura Richardson, chair of the 35th annual Taste of the Town. "We are so fortunate this year to have the Alliance for the Arts building designated for the VIP area. It is a great value and proceeds help the Junior League of Fort Myers give back to the community through our volunteer services and donations to programs supporting women and children in the Southwest Florida."

This year's event will showcase over 20 restaurants, live music and much more. General admission to Taste of the Town is \$10, with children age 12 and younger admitted free. Food and beverage tickets range from \$2 to \$5. No pets or coolers allowed.

Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information about the JLFM, call 277-1197 or visit www.jlfm.org. For more information about the JLFM annual fundraiser Taste of the Town, email tasteofthetown@jlfm.org or visit www.jlfmtaste.com.



Past entries for Taste Of The Town

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Howl-O-Ween Yappy Hour

Bell Tower Shops and the Gulf Coast Humane Society will partner to host a Howl-O-Ween Yappy Hour block party on Friday, October 13 from 6 to 8 p.m. at Center Court. Held on the second Friday of

each month, Yappy Hour is the area's largest pet-friendly social hour. Pet lovers are invited to bring their four-legged friends out to play and enjoy an evening of fun at the dog-friendly shopping, dining and entertainment destination.

In the spirit of Halloween, Yappy Hour will feature a costume contest to name the cutest and spookiest dogs and the best dressed pet/owner duo at 7 p.m. Participants can register on site at the Gulf Coast Humane Society's table. A \$5 donation to the Gulf Coast Humane Society is requested per dog to enter, with participation available for up to 25 contestants.

Howl-O-Ween Yappy Hour will also feature live DJ entertainment from DJ Tiko, a bounce house, a sidewalk chalk station, lawn games and more. Cru will present the beer and wine for the evening, with all proceeds from beer purchases to be donated to the Gulf Coast Humane Society. Omaha Steaks will also offer \$2 hot dogs and \$1 water bottles with proceeds going to the Gulf Coast Humane Society. Pets Du Soleil Photography will be offering pet portraits, with 25 percent of the proceeds benefiting the Gulf Coast Humane Society.

Throughout the event, visitors will have the chance to stop by dog-friendly sponsor stations and can also meet adoptable dogs from the Gulf Coast Humane Society.

For more information, visit www.thebelltowershops.com or www.facebook.com/BellTowerShops/ ✨

Artists Draw On History And Mythology To Create Intimate Works

The Art Galleries of the Bower School of Music & the Arts at Florida Gulf Coast University (FGCU) present *Untethered, Stories Come Like Charms*: Barbara Balzer and Linda Hall in the Wasmer Art Gallery from October 12 to November 16. This exhibition is curated by gallery director John Loscuito and gallery coordinator Anica Sturdivant.

On Thursday, October 12, there will be an opening reception with a theater performance and artist talk beginning at 5 p.m. The exhibition is sponsored in part by Gene and Lee Seidler, Renata and RJ Vigoda and by the State of Florida, Department of State, Division of Cultural Affairs and the Florida Council on Arts and Culture.

The works of Balzer and Hall playfully draw on art history and mythology using ceramics and soft sculpture. Their fantastical and sometimes humorous works are being shown together for the first time, providing two distinct viewpoints that revisit age-old stories. More than 30 sculptures and installations ranging from the intimate to monumental will guide viewers through the space.

Balzer and Hall said, "As artists, we shepherd fragile ideas into intimate forms, both human and animal, both real and unreal."

The Wasmer Art Gallery is in the Arts Complex on FGCU's main campus at 10501 FGCU Boulevard South. Parking is available in Lot 7 for gallery visitors. Regular viewing hours are 10 a.m. to 4 p.m. Monday through Friday, and 10 a.m. to 7 p.m. Thursday.

For images and more information on this and other exhibitions, visit www.artgallery.fgcu.edu or call Anica Sturdivant at 590-7199 or asturdiv@fgcu.edu ✨



Les Diplomates (detail) by Barbara Balzer and *Sometimes The Earth is Sky* by Linda Hall

image provided

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Symphonic Chorale Lights Up Southwest Florida

The Symphonic Chorale of Southwest Florida has unveiled its upcoming season of choral concerts. The chorale presents its own self-produced concerts and partners with the Southwest Florida Symphony Orchestra as its resident chorus to present concerts with orchestral accompaniment.

The first self-produced concert is titled *Harvest Grain: A Banquet of Song* and will be held on Friday, November 17 at Sanibel Community Church at 7 p.m. The concert will again be presented on Sunday, November 19 at Faith Presbyterian Church in Fort Myers, beginning at 4 p.m. All Symphonic Chorale concerts are presented at no charge to the community.

The second self-produced concerts are scheduled for Saturday, March 24 at New Hope Presbyterian Church in Fort Myers at 7 p.m. and on Sunday March 25 at Bower Chapel at Moorings Park in Naples at 4 p.m. This concert

will honor Leonard Bernstein at 100 and will feature work that Bernstein composed and conducted. Another highlight of this concert will be the premiere of a newly commissioned work by local composer Shawn Allison.

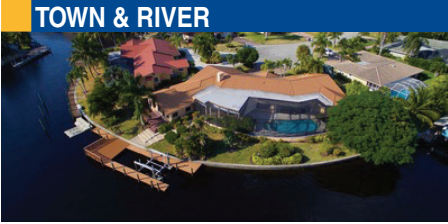
The Symphonic Chorale of Southwest Florida will partner with the Southwest Florida Symphony Orchestra twice in the upcoming season. Concerts will be presented on December 12, 14 and 16 and feature the theme of *A Charlie Brown Christmas*.

The second pairing with the symphony occurs in March when the symphony and the chorale will present the beloved Mozart's *Requiem* on Saturday, February 3 at the Barbara B. Mann Performing Arts Hall.

Sing Out! Southwest Florida, the chorale's popular community choral festival, will feature guest clinician Dr. James Kinchen, professor of music at the University of Wisconsin-Parkside. Participants will study the rich heritage of African-America music through jazz, gospel and contemporary compositions.

The chorale's annual fundraiser, *Lovestruck Soiree*, will be presented on Saturday, January 27 at 6 p.m.

For more information, visit www.symphonicchorale.org ✨

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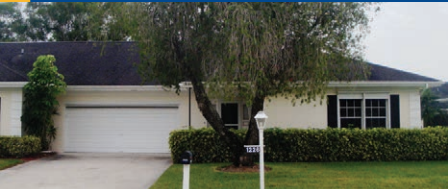
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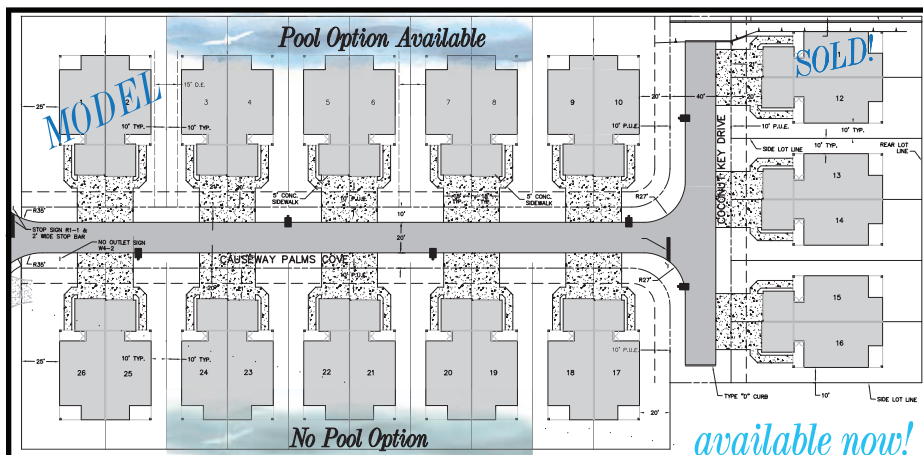
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Fort Myers Art:

Call To Youth Artists For Estero Art Show



by Tom Hall

The Estero Fine Art Show returns to Southwest Florida on Saturday and Sunday, November 18 and 19. This year, Gulf Coast Town Center will serve as the new home for this

perennial Top 100 and eagerly-anticipated outdoor art festival.

Hot Works has a long tradition of including art education in the shows it produces. Toward that end, it integrates a youth art competition into the event. This competition gives young artists a golden opportunity to begin learning the rules that govern participation in a professional art show and exhibition. The Estero Show welcomes young artists in grades K to 8, or ages 5 to 13.

"The art competition is provided with a premium location within the show to display all of the budding artist entries," noted Executive Director Patty Narozny. "There is \$250 in cash awards provided to four winners, along with a beautiful, colorful two-foot-long ribbon."

Criteria for judging youth art focuses on technique/execution and originality,



Elizabeth DeFrance with her artwork and award photos courtesy www.artswfl.com

which is similar to the judging for professional artist awards. As art programs are being dramatically cut and eliminated in schools nationwide, the need for such initiatives is made even more relevant.

The Youth Art awards will be announced and presented in the Youth Art Tent on Sunday, November 19 at 3 p.m. Photographs of the winners and other youth art participants will be taken.

The deadline for youth art entries is November 5. Now is the time to start thinking about and creating the art work that you would like to enter for the show.



Alana Hadden proudly shows her artwork from last year's youth art competition

A Youth Art competition application is available at www.hotworks.org. You can mail applications to P.O. Box 1425, Sarasota, FL 34230. The application fee is \$3 per entry. Up to two entries per student will be accepted.

If you are interested in sponsoring the Youth Art Competition, contact Patty Narozny at patty@artsaneducationinc.org.

The Estero Fine Art Show has a new home located at Gulf Coast Town Center, next to Bass Pro Shop. Event hours are from 10 a.m. to 7 p.m. on Saturday, November 18, and from 10 a.m. to 5 p.m. on Sunday, November 19.

The Estero Fine Art Show showcases professional artists from all disciplines, including paintings, sculpture, clay, glass, wood, fiber, jewelry, photography and more. All work is original and personally handmade by the artists participating in the show. This art fair is juried by art professionals. Sponsored by Hot Works, LLC, the Estero Fine Art Show is professionally produced by an executive

director with an outstanding national reputation.

For more information, visit www.hotworks.org.

Off The Wall Is Off The Chain

Each year, the Alliance for the Arts invites 100 members to submit two original 2D or 3D artworks for exhibition in the gallery, beginning with the onset of the holiday shopping season. Called *Off The Wall*, this non-traditional art show features works of all mediums priced at \$200 or less. All sales are "cash and carry," meaning purchasers will get to take the piece with them when they buy it, rather than waiting until the end of the exhibit.

Make supporting local arts tops on your list this year by giving a gift that gives back. Make plans to do your Christmas shopping at the Alliance for the Arts this year. Betcha there's 100 member-artists who would be delighted to have their art under your tree.

The show runs from November 3 through December 2, with the opening night celebration taking place from 5 to 7 p.m. on November 3.

For more information, visit www.artinlee.org or telephone 939-2787.

Alliance Exhibit Moved To December

The Alliance for the Arts' September show was supposed to be *Fired Up: A Juried Exhibit*. Hurricane Irma had other plans. As a result of the damage and power outages associated with the storm, the exhibition had to be postponed. It has been rescheduled to December 8 through January 5, 2018.

Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information, call 939-2787 or visit www.ArtnLee.org.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled *Art Detective*. A former tax attorney, he lives in Estero with his fiancé and their four cats.✴

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Final Scholarship For Young Artists Awards Program

Due to financial reasons, the Young Artists Awards program, the area's largest program for students in the performing arts, will offer a final grant opportunity by opening a new written scholarship to prior finalists of the program. To be eligible for the Young Artists Awards grant award, applicants must meet one of the following criteria: named a finalist in the 2004 Edison's Youth Theatre Awards or the 2005-2017 Young Artists Awards; a student high school aged or younger; proof of studies/ classes in the performing arts; a student currently enrolled in an accredited undergraduate or graduate program in the performing arts; or an individual not attending school that can provide proof that his or her primary employment is related to the performing arts.

While the board of directors of the not-for-profit program extends appreciation to all who have supported

its mission of serving thousands of students in the performing arts locally, it has acknowledged that raising money to run its program effectively has become increasingly difficult after 14 years. The board stated the Young Artists Awards has grown to include more students wanting to participate, and costs in terms of running the organization have risen dramatically. The majority of time has reportedly been spent on fundraising instead of serving children in the arts.

While their have been numerous discussions about merging with other organizations, cutting back on programming and various other options, the majority consensus believed that it was time "to shut the doors while keeping the integrity of the program intact."

To apply for the Young Artists Awards grant award or for more information, visit the scholarship page at www.youngartistsawards.org or email info@youngartistsawards.org. The deadline to apply is October 27.

The purpose of this award program is to encourage artistic development. Funds may be used for tuition, books, supplies, equipment, classes, or specific projects in the performing arts.✴

Host Band From Jazz On The Green To Play At BIG ARTS

by Di Saggau

Attention jazz lovers. Anyone who remembers the Sanibel Jazz on the Green concert festival will remember the Atlantean Driftwood Band. They were the founding and host band of the festival from 1981 to 1994 and are returning to Sanibel for the first time since the festival ended.

On Saturday, October 21, the Atlantean Driftwood Band will appear in concert at 8 p.m. in Schein Hall at BIG ARTS on Sanibel. Band leader Peter Graves said, "Bringing the band back after all these years is an amazing feeling. We went on to headline jazz festivals around the world, record award-winning albums, attain a coveted number one on the jazz charts and appeared in jazz clubs such as the Iridium in New York City and the Blue Note in Tokyo, on multiple visits. On a personal level, I don't feel I ever left. I still have friends here and my family and I have visited over the years and will continue to do so. On top of that is the pride in watching the development of so many of the players and what they have accomplished together and individually. It's an amazing lineup of talent."

Graves talked about the popularity of jazz over the years. He said, "Obviously



A vintage photo of the Atlantean Driftwood Band as they performed at Sanibel's Jazz on the Green concert series photo provided

compared to the popular genres, jazz is a small part of the music world, but jazz lovers are passionate and dedicated, so there will always be a following as far as I'm concerned. Schools have played a large part in the survival of jazz. Just look at the enormous number of schools with thriving jazz departments and, I must say, the quality of the young players today is just astonishing."

He talked about what to expect in the program on October 21. "The band has always been more of a contemporary big band. We still play some mainstream traditional jazz, but I

always envisioned the band as leaning on the contemporary side. We'll be playing a mix of blues, including Jimmy Smith's *Back At The Chicken Shack*, original tunes by writers in the band including a brand new tune I haven't even heard yet by Gary Lindsay, *Return to Sanibel*. With Dr. Ed Calle being a long-time member of the band, and his recently winning a Grammy Award, we'll be playing his hit recording of *Me & Mrs. Jones* in addition to featuring him on a number of other songs including *Padre Pedro*.

"Jaco Pastorius, who was our original

bass player in the early '70s and went on to an astonishing solo career, left an indelible mark on our band, as well as the rest of the music world, and his music has been a part of our library for 45 years. We will be playing some of the music from that library as well. In addition, Dana Paul will be featured on a number of the songs we played at the Sanibel festival, as well as on some things he has sung with the Jaco Pastorius Big Band. There's also a surprise in store with a local island favorite."

Graves was asked what it is about jazz that makes it unique from other music? He said, "One of the first things that comes to mind is the enormous talent that it takes to play jazz properly. The skill set level is similar to that required to play in a major symphony orchestra. It takes years of dedication to get to the level of the band you'll see on stage on October 21. Another is the improvisational nature of jazz. We could play the same set of songs night after night, and the improvisation would change the character of the presentation every time."

There you have it, what to expect on Saturday, October 21 starting at 8 p.m. in Schein Hall at BIG ARTS, when The Atlantean Driftwood Band returns to Sanibel. Tickets are \$50 for loge seating and \$45 for general seating. To purchase tickets, visit www.bigarts.org, call the box office at 395-0900 or stop by BIG ARTS, located at 900 Dunlop Road on Sanibel.*

Library To Host Comic Fest

The Fort Myers Regional Library will host Comic Fest on Saturday, October 21. The free festival runs from noon to 4 p.m.

Attendees will enjoy workshops, karaoke, games, selfie stations, a 3D printer presentation, a cosplay presentation by FGCU's Cosplay, A Japanese culture class, karaoke, video game tournament, young adult story time presented by The Laboratory Theater of Florida, geek knits, Graphic

Novels and Manga, a costume parade, board games, scavenger hunt, graffiti art and other activities.

Special guest speaker Ian Verhine will be back by popular demand. Enjoy live music with Emma from Ursa Major and activities in Cornog Plaza.

Comic Fest is sponsored by the Friends of the Fort Myers Library. Program registration may be required.

The Fort Myers Regional Library is located within Cornog Plaza at 2450 First Street in downtown Fort Myers. Visit www.leegov.com/library/comicfest to learn more and to review rules and regulations. ✨

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Along The River

The 8th annual **Lakes Regional Park Scarecrows in the Park** contest and **Fall Festival** kicks off this Friday, October 13 from 6 to 9 p.m. and continues throughout the weekend from 10 a.m. to 9 p.m. The festival will continue through Sunday, October 29.

Groups have completed custom-made fall (Halloween) displays are now on display. Proceeds will benefit the Lakes Park Enrichment Foundation's Children's Discovery Garden project.

An Opening Weekend VIP Party will be held for sponsors, builders and donors on Sunday, October 15. Celebrity judges will declare winners in several categories. Awards will be announced and posted on winning displays throughout the event.

In addition to the Scarecrows in the Park contest, the Fall Festival will feature a pumpkin patch, bounce houses, hayrides, rides on the Halloween Express train, face painting and concessions. More than 50,000 people are expected to attend the festival.

Lakes Regional Park is located at 7330 Gladiolus Drive in Fort Myers. For more information, visit www.leeparks.org, call 533-7275 or email leeparks@leegov.com.

A **hybrid hibiscus plant sale** will be held on Saturday, October 14 from 2 to 4 p.m. at the **Salvation Army Building**, located at 10291 McGregor Boulevard in Fort Myers.

The James E. Hendry Chapter of the



Lakes Regional Park will hold its annual Scarecrows in the Park competition this month
photo courtesy www.lakesparkenrichmentfoundation.org

American Hibiscus Society event will have 480 hybrid hibiscuses available for purchase. Chapter members will be on hand to offer growing advice and answer questions.

Plants are being provided by Big Bad Flower out of Sarasota. Admission and parking are free. For more information, visit www.hendrychapterahs.com or call 848-7090.

Florida SouthWestern State College (FSW) will host the **Black Maria Film Festival** this Saturday, October 14. The 36th anniversary tour festival begins at 7:30 p.m. in the FSW Thomas Edison Campus Rush Library

Auditorium, Building J, Room 103.

Tickets are \$10 for the general public, \$8 for members of the Edison & Ford Winter Estates, \$5 for FSW staff and faculty, and no charge for FSW students with an FSW student ID. Tickets can be purchased in advance at the Edison & Ford Winter Estates or at the door. Tickets purchased at the door must be paid for in cash.

Proceeds from ticket sales will benefit the RCMA Immokalee Community School to aid low-income families who lost wages or property because of Hurricane Irma.

Florida SouthWestern State College is located at 8099 College Parkway in Fort Myers. For more information, contact Dr. Chase at Wendy.Chase@fsw.edu or 489-9470, or visit www.blackmariafilmfestival.org.

The Noteworthy Concert Series at the **Sidney & Berne Davis Art**

Center resumes this Saturday, October 14 with alt-rock band **Wilder Sons** and **Naples Beach Brewery**. Doors open at 7 p.m. and the show begins at 8 p.m. Tickets are \$5 each.

Wilder Sons is a Naples-based band that has attracted alternative progressive fans. For more information about the group, visit www.wildersonsband.com.

Naples Beach Brewery is Southwest Florida's first microbrewery that brews their handcrafted beers on a 15-barrel, three-vessel steam-heated brewhouse built in Michigan by CraftWerk Brewing Systems. For more information, visit www.naplesbeachbrewery.com.

For more information on this concert and future ones, visit www.sbdac.com. The Sidney & Berne Davis Art Center is located at 2301 First Street in the historic downtown Fort Myers River District.

Fort Myers on Film, 1930s & 1940s, edited and narrated by local historian Gerri Reaves, will be shown at the **Sidney & Berne Davis Art Center** on Wednesday, October 18 at 7 p.m. Doors open at 6:30 p.m. with a cash bar.

The 8-millimeter films were shot by Billy Nalle, legendary musician, composer and Fort Myers native. Film highlights include Berne Barfield Davis, 1939 Queen of Edsonia, in the Edison Festival Parade; the dedication of the Fort Myers Yacht Basin; Fort Myers Beach's coral arches and swinging bridge; downtown street scenes; socializing with the class of 1939; boat races on the Caloosahatchee; and a 1947 commemorative VJ-Day celebration.

Tickets are \$15. Visit www.sbdac.com, call 333-1933, or stop by the box office. The Sidney & Berne Davis Art Center is located at 2301 First Street in the historic downtown Fort Myers River District.✱

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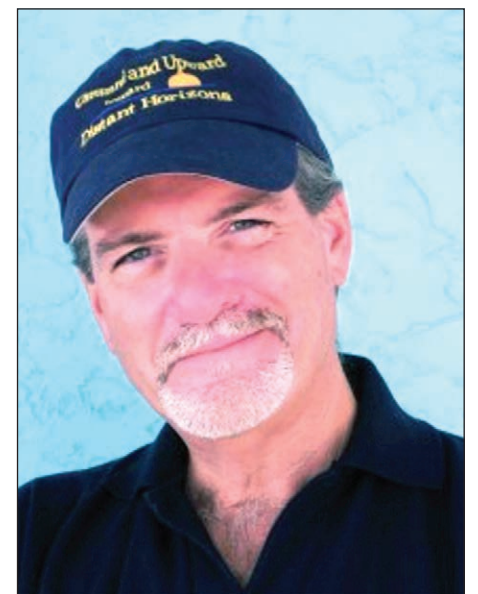


A Night With Bestselling Author

On Thursday, October 26, Friends of the Fort Myers Library kicks off the season with A Night In Cuba featuring bestselling author Robert Macomber. The event, sponsored by Pinchers, starts at 5:30 p.m. and will be held at Pinchers at Marina at Edison Ford, located at 2360 West First Street in Fort Myers.

Specialty drinks will be available while guests have the chance to chat with Macomber before his presentation, Florida's Crucial Role in the Spanish American War. Macomber will explain how this war changed the United States from a continental country into a global power and how close we came to losing this war in Cuba.

In addition, Macomber will discuss the fascinating personalities who led the way and related places of interest that can be visited today. Afterwards, he will sign copies of his latest novel, *An Honorable War*, and others in his 13-book Honor Series. This latest novel is the first of three about the Spanish



Robert Macomber photo provided

American War in Cuba and Puerto Rico. Pinchers is providing a special offer to all attendees.

Tickets are \$15 in advance and \$20 at the door. To purchase tickets, visit <http://bit.ly/FML1026>. ✱

Middle Schoolers Rank High At Science Fair

Three Southwest Florida students who competed at last year's Thomas Alva Edison Science and Inventors Fair were selected as the Top 300 in the 2017 Broadcom MASTERS competition. Broadcom MASTERS (Math, Applied Science, Technology and Engineering Rising Stars) is the premier science and engineering competition for middle school students. This year, 2,499 students completed the 2017 application with entrants from more than 6,000 nominees, representing the top 10 percent of science fair projects nationwide.

The three students competing successfully and who achieved this honor were: Maya Chander, seventh grade, Canterbury School, Fort Myers with project title The Effects Of High Frequency Shortwaves And Laser Beams On The Metamorphosis Of Melittobia



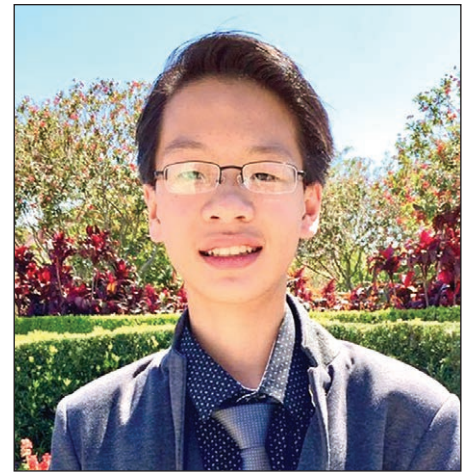
Maya Chander photos provided

Digitata (A Novel Second Year Study). She was a first place category winner at the Kiwanis Regional Science Fair and a first place finalist at the 2017 State Science and Engineering Fair of Florida; Sierra Edelstein, eighth grade, Gulf Middle School, Cape Coral with project title The Pearl Of The Ocean: Do Freshwater



Sierra Edelstein

Releases From Lake Okeechobee Affect The Filtration Rate Of Eastern Oysters (Crassostrea virginica) In Southwest Florida Estuaries? She also was a first place category winner at the 2017 Kiwanis Regional Science Fair and a finalist at the 2017 State Science and Engineering Fair of Florida; Junwei Tan, seventh grade,



Junwei Tan

Gateway Charter Intermediate, Fort Myers with a project title Autonomous Search And Rescue. He too was a first place category winner at the 2017 Kiwanis Regional Science Fair and a finalist at the 2017 State Science and Engineering Fair of Florida.✱

Power Squadron Boating Course

The San Carlos Bay Sail & Power Squadron, a unit of the United States Power Squadrons, that serves South Fort Myers, Fort Myers Beach, Bonita Springs and Estero, is offering America's Boating Course. This is a two-part class beginning Saturday, November 4 from 8:15 a.m. to 12:30 p.m. The course is recognized by the National Association of State Boating Law Administrators.

The state of Florida recently passed legislation requiring anyone born after January 1, 1988 to have passed a safe boating course and obtain a Boating Safety Education ID card, which is valid for life, in order to operate a boat with more than 10 hp. Each student will receive a card/certificate from the Florida Fish and Wildlife Commission upon completion of the class. The course consists of two sessions on consecutive Saturdays. The second session will be held on Saturday, November 11 from 8:15 a.m. to 12:30 p.m.

Topics include hull design, docking, anchoring, handling boating emergencies, reading channel markers and other topics to make each boating experience safer and more enjoyable. Successful completion of this course entitles the boater to six months free membership in the United States Power Squadrons with the purchase of a 12-month membership. In addition, students who join the squadron will also be eligible for a free three-hour on the water training session.

The cost of the course is \$60 with a \$20 cost for a second person sharing the instruction materials. The cost includes lunch after the second Saturday class.

The course is being taught at the San Carlos Bay Sail & Power Squadron Classroom, located at 16048 San Carlos Boulevard at the corner of Kelly Road (across from ACE Hardware).

Students can register online at www.scbps.com or call the office at 466-4040 and leave a message.

Beach Art Shows

The Fort Myers Beach Art Association is hosting its Fall Members Art Show in Studio 1 and the Summer Paint Group Show in Studio 2. The shows open on Thursday, October 19 through Thursday, November 2 with free admission to the public during gallery hours on Monday through Saturday from 10 a.m. to 3 p.m. and on Sunday from noon to 3 p.m.

For more information, email publicity chair Pam Flaherty at fmbaapublicity@gmail.com or visit www.fortmyersbeachart.com. Check out classes and workshops scheduled to begin in November.

The Fort Myers Beach Arts Association is located at 3030 Shell Mound Boulevard. Call 463-3909.✱

Pink Event

In honor of Breast Cancer Awareness Month, Regional Cancer Center will host the inaugural Pink Event in its main lobby on Tuesday, October 17 from 11 a.m. to 1:30 p.m.

The Pink Event will include valuable information and education about Lee Health's Breast Centers and the leading-edge imaging technologies available; cancer rehabilitation; The Multidisciplinary Breast Clinic; preoperative classes; general breast health; navigation services; survivorship; genetics; complementary therapies, like essential oils, massage therapy and aromatherapy; Regional Cancer Center support services by meeting a oncology dietitian and clinical social worker; and community partners, including From Our Heart and Susan G. Komen of Southwest Florida.

"The Pink Event provides the opportunity to share a significant amount of information and education in one

place, at one time," said Tammy Zinn, RN, breast cancer nurse navigator. "Education is empowering and allows individuals to make good health care decisions. Lee Health strives to empower healthier lifestyles throughout our community. Through the Pink Event, our goal is to increase community awareness of the services available to them right here at Regional Cancer Center and through the Lee Health Breast Centers; and to remind everyone that early detection of breast cancer is key to

quality of life and survival."

In addition to the educational aspects of the event, Cookie's Place-the specialty boutique located within Regional Cancer Center-is hosting a fitting event with Amoena products. Fittings will be available all day for mastectomy bras and breast forms. To schedule a fitting, call 343-9503 to make an appointment.

Regional Cancer Center is located at 8931 Colonial Center Drive in Fort Myers. For more information about the Pink Event, call 343-9500.✱



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Students and firefighters pose in front of the 1998 Pierce Saber fire engine photo provided

Fire Truck Donated To Academy

The East Lee County High School (ELCHS) Fire Academy has received the generous donation of a fire truck. The donation of the 1998

Pierce Saber fire engine was approved by the North Fort Myers Fire Control & Rescue Services District Commissioners Board and Fire Chief David Rice.

The ELCHS Fire Academy will use the fire truck to teach recruits hands-on, practical skills required in order to obtain certification. The school also plans to use the fire engine to bring awareness to the East Lee County High School Fire Academy during parades.*

Local Author Publishes Memoir

The *Forbidden Jury Verdict*, a new book by Juan Francisco Vega, has been released by RoseDog Books. Vega's book is a memoir of a former career criminal who believes he has done

the crime and the time, and now wants to be set free.

Vega currently resides at the Florida Civil Commitment Center in Arcadia. He is working on his next book titled *Love Has Illusions*.

The Forbidden Jury Verdict is an 86-page paperback with a retail price of \$11. For more information, visit www.rosedogbookstore.com.*

Library Presents History Lesson



A lady helps load a cannon during the American Revolution

image provided

Friends of the Fort Myers Library will hold a presentation, *Women of the American Revolution: Lost Voices of America's First Generation*, in the library meeting rooms on October 16 at 6:30 p.m.

History books have ignored the role women played in the birth of our nation. At the time of the Revolution, women had no say in politics or other matters of importance and were believed to lack the mental capability for higher learning and insightful thinking. Presenter Dr. Roger Smith, whose

field is early American history, is an entertaining featured speaker for the Florida Humanities Council. Dr. Smith will tell of amazing women across the colonies of all races, free and enslaved who dared resist the "norms" of 18th century culture to stand for their beliefs and rights.

The Fort Myers Library is located at 1651 Lee Street in downtown Fort Myers. The program is free, but registration is required at www.bit.ly/FML1016.*

Our email address is press@riverweekly.com

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION

Sunday 10:30 a.m., 2756 McGregor Boulevard, allfaiths-uc.org, 226-0900.

ALL SAINTS BYZANTINE RITE CATHOLIC

Sunday 10:30 a.m. 10291 Bayshore Road, 305-651-0991.

ANNUNCIATION GREEK ORTHODOX

Sunday 9 and 10 a.m. 8210 Cypress Lake Drive, annunciation.fl.goarch.org, 481-2099.

BETH SHILOH MESSIANIC SYNAGOGUE

Friday 8 p.m., Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

BIBLESHARE

10 a.m. Sunday and 7 p.m. Tuesday, 7050 Winkler Rd, Suite 121, www.simplysimpleworship.com, 437-8835.

BREAD OF LIFE MINISTRIES

Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.

CHABAD LUBAVITCH ORTHODOX

Friday 6:30 p.m. 5620 Winkler Road, chabadswf.org, 433-7708.

CHAPEL OF CYPRESS COVE

Sunday 10 a.m. 10200 Cypress Cove Circle, revtedalhouse@aol.com, 850-3943.

CHURCH OF THE CROSS

Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

CONGREGATIONAL

Sunday 10:30 a.m. 1619 Llewellyn Drive, taecc.com, 334-4978.

COVENANT PRESBYTERIAN

Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

CYPRESS LAKE BAPTIST

Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

CYPRESS LAKE PRESBYTERIAN

Sunday 8, 9, 10 and 11 a.m. 8260 Cypress Lake Drive, www.clpc.us, 481-3233.

CYPRESS LAKE UNITED METHODIST

Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH FELLOWSHIP WORLD OUTREACH

Sunday 10:30 a.m., Thursday 7:30 p.m., Friday 7:30 p.m. 6111 South Pointe Boulevard, 278-3638.

FAITH UNITED METHODIST

Sunday 8:45 and 10:30 a.m. 15690 McGregor Boulevard, 482-2030.

FIRST CHURCH OF CHRIST, SCIENTIST

Sunday 10:30 a.m. 2390 West First Street, christiansciencefortmyers.net, christianscience.com.

FIRST CHURCH OF THE NAZARENE

Sunday 10:30 a.m. and 6 p.m. 13545 American Colony Boulevard, 936-2511.

FIRST UNITED METHODIST CHURCH

Sunday 9:30 a.m. and 5:30 p.m. 2466 First Street, www.fumcftmyers.org, 332-1152.

FORT MYERS CHRISTIAN

Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL

UNITED CHURCH OF CHRIST; Sunday 10 a.m., 8210 College Parkway, 482-3133.

IONA-HOPE EPISCOPAL CONGREGATION

Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m. 9650 Gladiolus Drive, 454-4778.

JESUS THE WORKER CATHOLIC

Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m. 881 Nuna Avenue, 481-1143.

KINGDOM LIFE

Sunday 10:30 a.m. 2154 McGregor Boulevard, 218-8343.

LAMB OF GOD

Sunday 7:45 and 10 a.m. 19691 Cypress View Drive, lambogodchurch.net, 267-3525.

NEW BEGINNINGS CENTER

Friday 6:30 and 7 p.m. 8505 Jenny Cae Lane, nbcministry@embarqmail.com, facebook.com/nbcministry, 656-0416.

NEW COVENANT EYES

Monthly 9 a.m. 1900 Park Meadows Drive, newcovenanteyes.com, 220-8519.

NEW HOPE BAPTIST

Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.

NEW HOPE PRESBYTERIAN

Sunday 8, 9:30 and 11 a.m. 10051 Plantation Road, www.newhopefortmyers.org, 274-1230.

PEACE COMMUNITY

Sunday 10:30 a.m. www.17671 Pine Ridge Road, peacecommunitychurch.com, 267-7400.

PEACE LUTHERAN

Sunday 9:30 a.m. 15840 McGregor Boulevard, www.peaceftmyers.com, peace@peaceftmyers.com, 437-2599.

REDEEMER LUTHERAN

Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

RIVER OF LIFE ASSEMBLY OF GOD

8, 9:45 and 11:30 a.m. 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER

Meditation classes. MeditationInFortMyers.org, 567-9739.

SAINT COLUMBKILLE CATHOLIC

Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m. 12171 Iona Road, 489-3973.

ST. FRANCIS XAVIER CATHOLIC

Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m. 2157 Cleveland Avenue, 334-2161.

SAINT JOHN THE APOSTLE METROPOLITAN

Sunday 10 a.m. 3049 McGregor Boulevard,

344-0012.

SAINT MICHAEL LUTHERAN

Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m. 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY

Sunday 9:30 a.m. 111 Evergreen Road, saintnicholasmonastery.org, 997-2847.

ST. VINCENT DE PAUL CATHOLIC

Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m. 13031 Palm Beach Boulevard, 693-0818.

SOUTHWEST BAPTIST

Sunday 11 a.m.; Wednesday 6 p.m. 16940 McGregor Boulevard, 454-3336.

TEMPLE BETHEL SYNAGOGUE

Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. 16225 Winkler Road, templebethel.com, 433-0018.

TEMPLE JUDEA (CONSERVATIVE)

Friday 6:30 p.m. and Saturday 9 a.m. tjswfl.org, 14486 A&W Bulb Road, 433-0201.

THE NEW CHURCH

Sunday 11 a.m. 10811 Sunset Plaza Circle #401, newchurchflorida.com, 481-5535.

UNITARIAN UNIVERSALIST

Sunday 10:30 a.m. 13411 Shire Lane, uucfm.org, 561-2700.

UNITY OF FORT MYERS

Sunday 10 a.m. 11120 Ranchette Road, unityoffortmyers.org, 278-1511.

WESTMINSTER PRESBYTERIAN CHURCH

Sunday 9:30 and 10:45 a.m. 9065 Ligon Court, 481-2125.

WORD OF LIFE

Sunday 10 a.m., Wednesday 7 p.m. 2120 Collier Avenue, 274-8881.

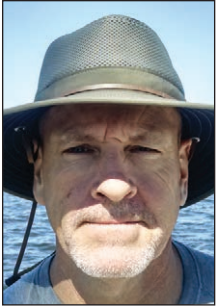
ZION LUTHERAN

Sunday 8, 9:30 and 10:45 a.m. 7401 Winkler Road, zionfm.org, 481-4040.*

CROW Case Of The Week:

Gray Catbird

by Bob Petcher



An adult gray catbird (*Dumetella carolinensis*) is so called because of its chirp, described as a “catty mew.” In fact, the catbird is related to the mockingbird – an animal known for

its heckling nature – and has the habit of mimicking songs of other birds, then combining those echoes into a creative new song.

Traditionally, the gray bird with a black cap is not afraid of predators. When approached, the catbird becomes aggressive by flapping its wings and flashing its tail while making a defensive sound.

Gray catbirds are known as energetic hoppers, bouncing from one branch of a tree to another within vegetation in a secretive manner. They are hesitant to fly across open areas and would rather engage in short hops to get to where they would like to go.

When it comes to feeding, gray catbirds like to forage on the ground by searching for insects under fallen leaves. They do search trees and shrubs for berries, however.

At CROW, a gray catbird was admitted last week with symptoms of a window strike. CROW medical staff

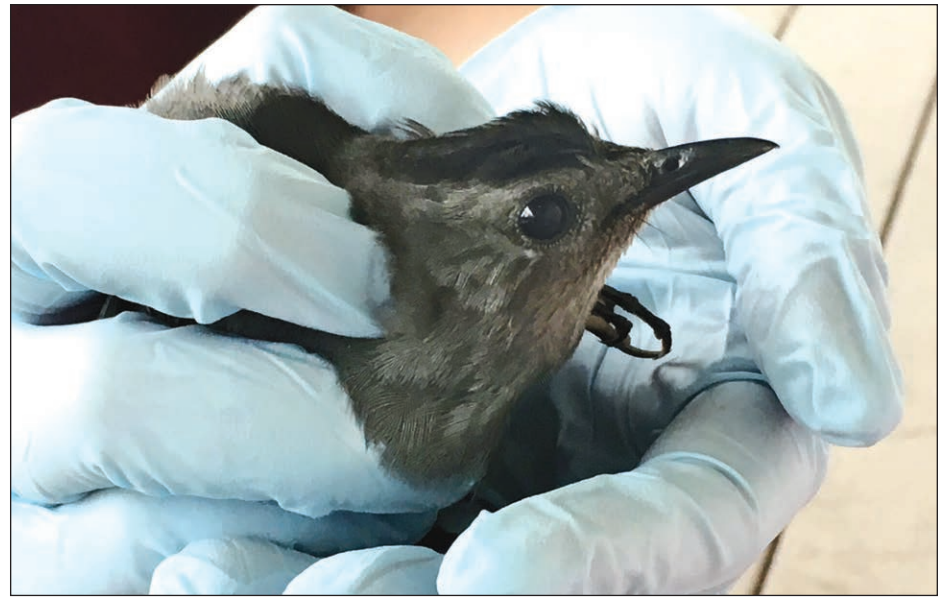
reported the patient had head tremors and a neurological condition called ataxia, where there is a lack of voluntary coordination of muscle movements. When first admitted, the patient was medically cleared for nystagmus, an involuntary movement of the eyes. But, after a veterinary check a day later, it was detected. However, the condition was resolved during the past weekend.

“The bird is ataxic, which means he has uncoordinated movements and has difficulty balancing itself, (but) it still has some level of voluntary control of its movements,” said Dr. Robin Bast, CROW veterinary intern. “It can grip with its feet and can attempt to take short flights but easily becomes unbalanced and falls over.”

Dr. Bast stated that both the nystagmus and the ataxic condition can be clinical signs of head trauma. While the catbird did not have any punctures or open wounds, it was missing a small patch of feathers on its dorsal skull.

“Given the small bird’s patch of missing feathers on the top of its head and its neurologic symptoms, we are suspicious of head trauma, possibly due to a window strike,” she said. “If the head trauma is not severe, these neurologic signs should resolve over time with supportive care as the brain swelling resolves. In severe cases, neurologic signs may persist and be permanent, which would render the bird non-releasable.”

The patient has been given subcutaneous fluids and pain medications. It is being checked daily to reassess its neurologic status. One positive sign for the bird’s recovery is its retained ability



Patient #17-3446 will need time to recover from neurological issues before CROW medical staff deems it releasable

photo by Brian Bohlman

to grip well with both feet, which is “a sign that its spinal cord is not significantly impaired,” said Dr. Bast.

“Time and supportive care will tell. Clinical signs associated with head trauma can take several weeks and, in some cases, months to completely resolve,” she said. “The bird has shown improvement over the weekend. Its nystagmus – abnormal eye movements – has resolved, and it is slowly regaining more coordinated movements.”

Patient #17-3446 has begun to eat on its own, another good sign of neurologic improvement. Since intake, it has gained some weight and remains bright, alert

and responsive. Future release status may hinge on further improvement.

“The patient must be able to make coordinated flights and landings, and prove that he can navigate around obstacles prior to being released,” said Dr. Bast.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.*

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Hints Of Fall Fishing



by Capt.
Matt Mitchell

October is a big transition month for fishing in our area and generally the first noticeable break from the high humidity of a long steamy summer.

Pelagic fish such as mackerel, bonita, ladyfish and jacks have already started that move down the beaches in hungry schools, as our water temperature has cooled just enough to fire off the annual southern-bound bait migration.

Over the past weeks, we are seeing much more bait appear in the bay as the change of season has begun. Snook and redfish are taking advantage of this huge amount of bait and have begun to pack on extra calories before the winter cools them off. Although water temperatures have not dropped enough yet to push these fish back into the mangrove creeks yet, snook are making that slow move from the beaches and passes to oyster bars, mangrove islands and shorelines throughout the middle sound.

Catching 50 to 100 snook on a charter once you locate them has not been unusual. Sitting on one favorite oyster bar in the middle sound this week for almost a hour, my anglers had a snook bite on almost every cast

while throwing live shiners. This kind of action is what our fall fishing is all about. Though the majority of these snook are in the 20- to 24-inch range, I can't think of a better way to start a trip off than with multiple double snook hook-ups. Sprinkle in a few keeper redfish in these same areas, and you have a very memorable day on the water.

Dark stirred-up water from what seems like never-ending Hurricane Irma runoff along with a windy week has not slowed the bite. If anything, it's made it better. The amount of bait and life in this nasty-looking coffee-colored water is amazing... talk about nutrient-filled water. In this dark-stained water, gamefish feed almost by smell and vibration much more than by sight.

With our water temperature now in the low 80s, fishing action will only continue to improve. I'm often asked what water temperature our best fishing happens. I'd have to say in the mid to high 70s, which we get to experience in both the spring and fall. Despite how bad our water looks, the fishing when I have been able to get out due to the wind and weather issues all week has been really good.

The mixed bag of species available to anglers will only continue to get better as we move further into fall. Be prepared with a variety of bait and tackle when heading out to take full advantage of what a day's fishing may offer. You never quite know what species may appear from day to day during this exciting time of year. From tarpon to sharks, cobia and king mackerel, every species that visits our area is on the table for the next couple of months. Being



Sharks are only part of a mixed bag of species we see all fall

photo provided

prepared when a opportunity arises is often the difference between seeing and catching.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel

in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.✱

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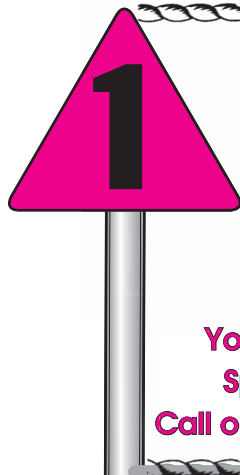
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Dave Doane

Plant Smart

Local Figs

by Gerri Reaves

Fresh fig season is beginning in the grocery stores – a good time for people who love figs like black mission and calimyrna that are shipped from faraway places.

Figs also grow in South Florida but never show up in the produce department. Only a couple of figs, or ficus, species are native – and birds and other wildlife, not people, consume the fruit.

But other figs are invasive species, with Indian laurel, or laurel fig (*Ficus microcarpa*) being the most familiar.

Native strangler fig (*Ficus aurea*) has winning attributes, despite the off-putting common name, especially if the tree began life as a seed in the ground, not as a bird-deposited seed in the canopy of another tree.

Also known as golden fig for the yellow unripe fruit, it's a fast-growing excellent shade tree and is storm-resistant.

This species is known for "colonizing" other trees and eventually killing them by shading them out and out-competing them for resources.

The cabbage palm (*Sabal palmetto*) is a common target of its aerial roots, which, over time, encircle and engulf the host tree.

The strangler's small stalk-less orange-red berry-like fruit is a food source for many species of birds and mammals and is also edible for people. The tree fruits all



Native strangler fig's berry-like fruit is edible for wildlife and people

photos by Gerri Reaves

year, mostly in spring, and is the host plant for the ruddy daggerwing butterfly.

The beautiful and sprawling banyan tree (*Ficus benghalensis*) is a favorite of many South Floridians.

A native of India, the banyan can grow to enormous size, developing outward via its famous prop roots that eventually develop into trunks.

Both its larger leaves – five to 10 inches long – and the larger reddish fruit help to distinguish it from the strangler fig.

The figs are bright red and only about a half-inch in diameter, or about the size of a



Banyan fruit is a food source for birds

cherry. They are edible but reportedly not very tasty.

Strangler and banyan figs might be small, but they are fascinating worlds unto themselves. They are pollinated by specialized wasps that enter the hollow fruit to access numerous purple flowers within.

Like other ficuses, climbing fig (*Ficus pumila*), a woody vine native to Southeast Asia, has fast-growing aggressive tendencies, and the vine forms a kind of hanging-jungle effect.

Its fruit is not berry-like, but pale green,



The fruit of non-native climbing fig is toxic

fleshy and about the size of a hen's egg.

However, this is not a fig you want to think about eating. The seeds and plant parts are poisonous and handling the fruit can irritate the skin or cause allergic reactions.

Sources: *Florida Landscape Plants* by John V. Watkins and Thomas J. Sheehan; Frederic B. Stresau; *Native Florida Plants* by Robert G. Haehle and Joan Brookwell; www.asla.org; <https://plants.ifas.ufl.edu/>; www.regionalconservation.org; www.swbiodiversity.org; <http://hort.ufl.edu/>; and www.floridata.com.

*Plant Smart explores the diverse flora of South Florida.**

Free Trees For Joining Foundation

The Arbor Day Foundation will brighten up your fall by offering 10 free autumn classics trees or five free crapemyrtle when you join the organization in October. The free trees are part of the nonprofit Arbor Day Foundation's Trees for America campaign, a program dedicated to environmental stewardship through the planting of trees.

Everyone who joins the Arbor Day Foundation in October will receive five free crapemyrtle trees or 10 free autumn classics selected for your area. The 10 autumn classics include two

sugar maples, two red maples, and one each of scarlet oak, sweetgum, northern red oak, silver maple, white flowering dogwood and Washington hawthorn.

"Members will especially enjoy these trees during the autumn months because they'll add abundant, vibrant color to any yard or landscape for years to come," said Matt Harris, chief executive of the Arbor Day Foundation.

The trees will be shipped postpaid at the right time for planting, between November 1 and December 10. The six- to 12-inch trees are guaranteed to grow or they will be replaced free of charge. Planting instructions will be enclosed with each shipment of trees.

To receive your free trees, send a \$10 membership contribution with your tree selection to Arbor Day Foundation, 100 Arbor Avenue, Nebraska City, NE

68410, by October 31, or join online at www.arborday.org/october.*

Hawk Watch On Sanibel

Audubon of Southwest Florida will hold its 14th annual Sanibel Lighthouse Hawk Watch with Vince McGrath on Sunday, October 15 at 8 a.m.

Bring your camera, field glasses, sunscreen and a folding chair if desired. Dress appropriately for the weather. There is a short walk from the parking area to the lighthouse.

Meet at the Sanibel Lighthouse Parking Lot (beach side) at 112 Periwinkle Way on Sanibel. Beginner to advanced birders, either members or nonmembers, are welcome. While it is a free event, a \$5 donation would be appreciated. Parking fees apply.*

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This year's ENPY Award finalists

Nonprofit Awards Finalists Named

The Cape Coral Community Foundation announced the 27 finalists for the inaugural Excellence in Nonprofit Performance Yearly Awards (ENPYs) at a reception on October 3. These exceptional organizations, leaders, volunteers, staff and partners will be recognized at an awards luncheon at Crowne Plaza Bell Tower in Fort Myers on Wednesday, October 18. A winner will be named in

seven categories.

A panel of impartial, non-local judges selected the following finalists from an online nomination process:

Nonprofit Organization of the Year (established more than three years ago) – Golisano Children's Museum of Naples; Community Cooperative; Lighthouse of Southwest Florida.

Nonprofit Rising Organization of the Year (established less than three years ago) – Valerie's House; Cape Coral Animal Shelter; Eva's Closet.

Nonprofit Executive of the Year (CEO, president, executive director) – Nida Eluna, Dr. Ella Piper Center

for Social Services; Samira Beckwith, Hope Healthcare; Nancy Green-Irwin, Friendship Centers.

Nonprofit Board Leader of the Year (board member) – Douglas Carlson, MD, ECHO; Dean Piccirillo, Greater Fort Myers Chamber of Commerce; Janet Ortenzo, Southwest Florida Human Trafficking Coalition, Inc.

Nonprofit Employee of the year (paid staff member) – Aimee McLaughlin, Big Brother Big Sisters of the Sun Coast; Megan Feeney, Goodwill Industries of SWFL; Allyson Ross, Pace Center for Girls, Lee.

photo provided

Nonprofit Volunteer of the Year (individual who serves the organization and/or community) – Chuck Thornton, Lee BIA Builders Care; Tracie Bagans, Heights Foundation; Ingrid Fuller, Multicultural Centre of Southwest Florida.

Business Partner of the Year (business who supports nonprofits and the community) – Smart Companies; Advanced Pain Management & Spine Specialists; Cape Coral Plumbing, Inc.

In addition, the Michel Doherty Community Impact Award and the Paul Sanborn Service Above Self Award will be presented to two inspirational individuals. The finalists are:

Michel Doherty Community Impact Award – Duane Chaney; Jeanne Sweeney; Frank Haskell.


Paul Sanborn Service Above Self Award – Steve Pansing; James Gravedoni; Pete and Cyndi Doragh.

The inaugural ENPYs award luncheon is expected to host a sell-out crowd of 200 community leaders from across Southwest Florida. Sponsors include Storm Smart, Cape Coral Community Foundation, LCEC, CONRIC PR & Marketing, Suncoast Beverage, News-Press Media Group, Wicked Dolphin, Premier Cape Construction, Lee Health, HBKS Wealth Advisors & HBK CPAs and Consultants, Regions Bank, Bank of the Ozarks, Rotary Club of Cape Coral, Michel Doherty and friends and Stroemer and Company.

For more information, visit www.TheENPYs.com.✱



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Partners Named To Charitable Foundation

C&W Communications (C&W), a Liberty Global company, recently announced ShelterBox and Rotary International as the first two partner organizations of the newly formed Cable & Wireless Charitable Foundation to execute immediate relief and recovery activities in the countries affected by Hurricanes Irma and Maria.

ShelterBox is an international disaster relief charity specializing in providing emergency shelter for vulnerable families who have lost everything after natural disasters and conflicts. Rotary International is a global network of 1.2 million neighbors, friends, leaders and problem-solvers who come together to make positive, lasting change in communities across the globe. Both will use the foundation's funding to continue and accelerate efforts to improve conditions on the ground in impacted territories.

The partnerships follow the recent announcement of C&W to establish a regional foundation with initial funding of \$500,000 to focus urgent humanitarian relief and eventually broader recovery efforts in Anguilla, Antigua, the British Virgin Islands, Dominica, the Dominican Republic, Puerto Rico and the Turks & Caicos Islands.

Speaking on the new alliance, ShelterBox Chief Executive Chris Warham said: "At ShelterBox, we are impatient

to help the most vulnerable families who have lost everything in the devastation caused by Hurricanes Irma and Maria. Our partnership with Cable & Wireless will play a vital role in ensuring that we can provide essential emergency shelter and tools to the worst affected communities, giving families the hope and power to recover and begin the journey of rebuilding their lives."

Among the specially-sourced equipment packed into its distinctive green boxes, ShelterBox also provides tents tested in extreme weather, solar lighting for when power is down, water filtration to combat disease and items to keep families warm and able to cook together. The charity also distributes kits to help people repair their damaged properties, clear ground and to waterproof roofs.

Rotary International is no stranger to the region, as they span 29 countries and 37 islands in the Caribbean. Through community projects, they solve real problems with commitment and vision. Rotary members use their passion, energy and intelligence to take action on sustainable projects. In this instance, Rotary is bringing its members together from across the Caribbean to help roll out programmes to address both immediate relief efforts as well as longer term recovery initiatives.

"This partnership with Cable & Wireless is critical to the success of our various relief initiatives in the region. We are currently finalizing relief plans to ensure immediate relief reaches those most in need; our primary focus will however be on sustainable, long-term recovery efforts through

continued on page 24

Clerk Of Court Achievement Award

The Lee County Clerk of Court's Finance Department has received its 32nd consecutive Certificate of Achievement for Excellence in Financial Reporting award for the comprehensive annual financial report (CAFR).

The CAFR are the audited financial statements for Lee County that includes the Board of County Commissioners, Clerk of Courts, Property Appraiser, Sheriff, Supervisor of Elections and Tax Collector offices.

The Certificate of Achievement is the highest form of recognition in the area of governmental accounting and financial reporting, and its attainment represents a significant accomplishment by a government and its management. The CAFR is judged by an impartial panel of the Government Finance Officers Association (GFOA) and must meet the high standards of the program including demonstrating a constructive "spirit of full disclosure" to clearly communicate its financial story.

Clerk of Court Linda Doggett said of the award, "It takes a team of very accomplished and knowledgeable professionals working hard every day to make this happen. This award represents a significant achievement by the Clerk's accounting department lead by Finance Director Terry Mallow and I am proud to be a part of it."

The GFOA is a nonprofit professional association serving approximately 17,500 government finance professionals with offices in Chicago, Illinois and Washington D.C.✱



Linda Doggett and Terry Mallow photo provided

Marketing Director Appointed

Ronald McDonald House Charities of Southwest Florida recently announced that Amy Blanco has joined the team as their new marketing director. Blanco comes with a background in traditional and experiential marketing, a degree in graphic design, and 10 years experience with volunteering for local charities in Southwest Florida.

Blanco has spent the last three years advancing from an entry level to a management position, which has given her the tools and skills to succeed in her new position with Ronald McDonald House Charities of Southwest Florida.

"I have volunteered with many local charities for the past 10 years, Ronald McDonald House Charities of Southwest Florida being one of them, so I am



Amy Blanco photo provided

extremely excited and honored to be apart of something so wonderful," she said. "I love how established and respected the charity is, and I hope to only add to their success so we can continue to help families stay close to their sick children."✱✱

Republican Women

The Fort Myers Republican Women's Club will resume its regular monthly meetings in The Helm Club at The Landings Yacht, Golf & Tennis Club with a Tuesday, October 17 luncheon meeting. A social hour begins at 11:15 a.m., with the luncheon and program following at noon.

The featured program speaker will be Chris Patricca, District 3 Lee County School Board member. She will discuss current school activities including Hurricane Irma recovery. The public is invited to attend.

Cost is \$20. Reservations are required by Thursday, October 12 by contacting Tina Laurie at 489-4701.

The Landings, Yacht, Golf & Tennis Club is located at 4425 S. Landings Drive in Fort Myers. For more information about the club, call 850-590-2206.✱

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Jim Nathan shakes Bob Simpson's hand during a dedication ceremony for Bob Simpson Way photo provided

Philanthropist Honored With Street Name

Bob Simpson, president & CEO of LeeSar/Cooperative Services of Florida, Inc. (CSF), has been honored by the City of Fort Myers with a street in his name. A dedication ceremony took place October 3, on Bob Simpson Way, a road with entrances at both Winkler and Evans Avenues that leads to the LeeSar/CSF Regional Service Center. Simpson retired October 4 after leading the healthcare supply chain think tank for more than 15 years.

Mayor Randy Henderson presented Simpson with a replica keepsake street sign and was joined by City Manager Saeed Kazemi, and Jim Nathan, former president and CEO of Lee Health, in speaking a few words during the

dedication.

Simpson will impart a 15-year legacy of delivering quality and innovation, as well as meaningful value to our health care system. His legacy is not simply what he will leave for people, it's also about what he does that will continue to resonate within them.

Simpson is heavily involved in local and national charity work and presently serves on the board of trustees for numerous community organizations.

Among the many honors bestowed throughout his career, the most humbling has been the Path to Peace Award. Bob and Linda Simpson are the first Americans to be recognized as Servitor Pacis, or Servants of Peace, by the Vatican. The award is a testament of their love and concern for others, and a commitment to the development of peace and human progress in the local, national and international arenas.

LeeSar/CSF Regional Service Center is located at 2727 Winkler Avenue in Fort Myers.✱

Financial Focus

International Investing: A Journey To Favor

by Jennifer Basey



Columbus Day is observed on Monday, October 9. And while it may be true that Leif Erikson and the Vikings beat Columbus to the New World, Columbus Day nonetheless remains

important in the public eye, signifying themes such as exploration and discovery. As an investor, you don't have to "cross the ocean blue," as Columbus did, to find opportunities – but it may be a good idea to put some of your money to work outside the United States.

So, why should you consider investing internationally? The chief reason is diversification. If you only invest in U.S. companies, you might do well when the U.S. markets are soaring, as has happened in recent years. But when the inevitable downturn happens, and you're totally concentrated in U.S. stocks, your portfolio will probably take a hit. At the same time, however, other regions of the world might be doing considerably better than the U.S. markets – and if you had put some of your investment holdings in these regions, you might at least blunt some of the effects of the down market here.

Of course, it's also a good idea to diversify among different asset classes, so, in addition to investing in U.S. and international stocks, you'll want to own bonds, government securities and other investment vehicles. (Keep in mind, though, that while diversification can help reduce the effects of volatility, it can't guarantee a profit or protect against loss.)

International investments, like all investments, will fluctuate in value. But

they also have other characteristics and risks to consider, such as these:

Currency fluctuations – The U.S. dollar rises and falls in relation to the currencies of other countries. Sometimes, these movements can work in your favor, but sometimes not. A strengthening dollar typically lowers returns from international investments because companies based overseas do business in a foreign currency, and the higher value of the U.S. dollar reduces the prices, measured in dollars, of individual shares of these companies' stocks. The opposite has happened in 2017, when the weaker dollar has helped increase returns from international investments.

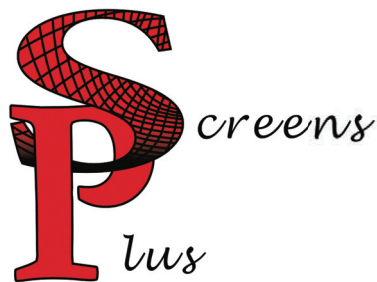
Political risks – When you invest internationally, you're not just investing in foreign companies – you're also essentially investing in the legal and economic systems of countries in which those companies do business. Political instability or changes in laws and regulations can create additional risks – but may also provide potentially positive returns for investors.

Social and economic risks – It is not always easy for investors to understand all the economic and social factors that influence markets in the U.S. – and it's even more challenging with foreign markets.

U.S. markets are now worth less than half of the total world markets, and growth in the rest of the world is likely to keep expanding the number of global opportunities. You can take advantage of that global growth by putting part of your portfolio into international investments, including developed and emerging markets.

In any case, given the more complex nature of international investing, you'll want to consult with a financial professional before taking action. If it turns out that international investments are appropriate for your needs, you should certainly consider going global.

This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.✱



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Uncommon Evening Sponsorships

Tickets and sponsorships are available for the 2017 Uncommon Evening event to be held at the Gale McBride Pavilion at the historic Burroughs Home & Gardens in Fort Myers on Thursday, November 2 from 6 to 9 p.m.

Event co-chairs are Kerri Goldsmith and Caryn Smith, members of the Uncommon Friends Foundation's (UFF) board of directors. This year's theme is Starry, Starry Night, and dress is semi-formal/cocktail attire.

Sponsorships range from \$1,500 to \$10,000. The presenting sponsor will announce the winner of the Business Ethics Award, and additional sponsors will present the Champion Teacher and Student Scholarship awards. Sponsorships already committed for 2017 include AFCO Insurance; Eunice

and Alexandra Bremner; BB&T Oswald Trippe and Company; Edison National Bank; *Florida Weekly*; HBKS Wealth Advisors; Henderson, Franklin, Starnes & Holt, P.A.; Red Coconut RV Resort; Sanibel-Captiva Beach Resorts; Sunshine Ace Hardware; and The News-Press Group. Ticket reservations are \$125 each.

For more information about tickets and sponsorships, visit www.uncommonfriends.org/ or contact Kerri Goldsmith at kgoldsmith@hbksworld.com or Foundation Executive Director Jennifer Nelson at jennifer@uncommonfriends.org. All of the money raised at Uncommon Evening supports the Uncommon Friends Foundation and the historic preservation of the Burroughs Home & Gardens.

For more information, to reserve the pavilion for meetings and events, or to arrange for a guided tour of the historical home, visit www.uncommonfriends.org or call 337-9503.✱

Superior Interiors

Define Your 'Line'



by Trinette Nelson

An understanding of what constitutes good design is essential if your decorating project is to be successful. The whole purpose of spending time, thought, effort and money on decorating your home is

to make it as attractive as possible.

True, comfort and convenience are just as important, but these are more specific and usually easier to come by. The things a home must have to be comfortable are quite concrete; the things that make it attractive are harder to define. This is where good design comes in, as well as working with a professional. To put it very simply, good design attracts and pleases the eye, bad design repels it. And design – either good or bad – is made up of line, form and composition. Line is the beginning point of all design, because it establishes shape or form.

While we're all somewhat aware of lines, have you ever considered how lines influence mood? You can set the theme of a room by your choice of lines. This is because the human eye involuntarily travels the length of a line, and different lines give different impressions.

Horizontal lines are restful. They create a feeling of relaxation and informality, probably because a horizontal position is associated with sleeping. Contemporary styles in furniture are often based on horizontal lines.

Vertical lines are formal. They create a feeling of strength and regularity, especially when repeated. They're undoubtedly associated in our minds with an upright position, thus signifying alertness and conventionality.

Circles and squares are static. The eye recognizes these shapes at a glance. Stars and flowers patterns that fit into circles and squares are also static.

Rectangles and ovals give an impression of motion. This is because the eye involuntarily travels around them due to their less regular shape.

Controlled curved lines are gay and romantic and almost always have a lighthearted look. If you want a light and romantic look in your new room, use furniture designed around controlled curves.

Free form curves reflect the flowing lines of nature. These irregular forms are considered contemporary. Just as controlled curves have a fanciful effect, free-form curves create a casual, free and easy mood.

Diagonal lines usually create a disturbing element, unless supported by opposing diagonals or by verticals to give them strength. A variety of diagonal lines used together produces a very busy look, which is often unsettling.

Trinette Nelson is an interior designer on Sanibel/Captiva Islands and can be reached at linda@coindecdn.com.✴

Director Joins Marketing Firm

Jaimie Miller, APR has joined CONRIC PR & Marketing as its marketing director. She brings experience in public relations, marketing, advertising and special events management to the organization.

Miller focuses on public relations and marketing strategy, creative events and planning, project management, client relationship management, business development and branding for CONRIC's diverse client base.

"Our clients should experience seamless marketing and public relations from the agency," Miller said. "It is my goal to act as an extension of each brand providing cost-effective creative strategy with flawless execution."

Originally from Minnesota, Miller is an accredited public relations professional certified by the Universal Accreditation Board. She holds a bachelor's degree focused in public relations from Florida Gulf Coast University.

Miller's professional experience spans multiple fields including hospitality, medical and publishing. She previously served as the marketing director for *Gulfshore Life* magazine and Riverchase Dermatology. She is a member of the Florida Public Relations Associations where she served on their board of directors. She currently serves as a board member of the Florida Gulf



Jaimie Miller

photo provided

Coast University Alumni Association Board of Directors and as a member of the awards and recognition committee.

Connie Ramos-Williams, president and chief marketing officer of CONRIC PR & Marketing, said, "We have had the opportunity to work with Jaimie on marketing projects over the years, and feel her experience, professionalism and APR certification are major assets to our company and our clients. She will be instrumental in designing successful projects from start to finish, including strategy, planning, implementation and evaluation."✴

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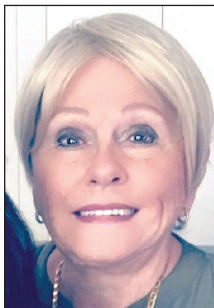
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Book Review

The Education Of A Surgeon

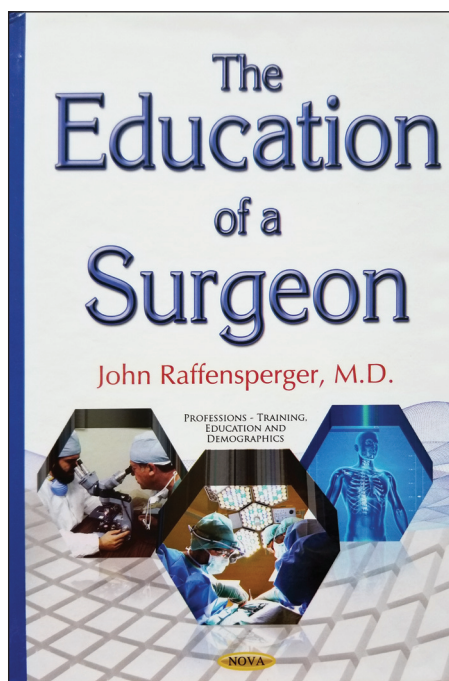


by Di Saggau

Sanibel author and retired surgeon John Raffensperger has been on a roll. He has had five books published in one six-month period. Today, I'm going to talk about *The Education of a*

Surgeon, a book I read some time ago in a pre-publication manuscript when John asked me to write a "blurb" for the back of the book. It reads: "A compelling and candid account of how surgeons learn and refine their skills. John Raffensperger shares successes and failures, advances in medicine and surgery, the faults in today's system, what we might learn from health care systems in other countries, and the pitfalls of hospital politics. Written in layman's terms, we learn how some patients leave dents in the armor worn by caring, capable surgeons and how the others make up for defeat. At times heartbreaking but always inspiring, I was left with a renewed respect for the profession."

In his introduction, John talks about an infected cut in his hand, in 1940, at the age of 12. A family physician removed a wood chip and charged five



dollars for his work. Today, John says, a nurse or a doctor in a clinic would have referred him to a hand surgeon who would probably do a CT scan or X-rays before removing the wood chip. The total cost would be several thousand dollars, with a good portion going into the pockets of executives in the health care industry. Obviously, John does not pull any punches with his opinions.

Another lengthy "blurb" on the back cover by a noted physician states: *The Education of a Surgeon* is a candid narrative of more than forty years in

practice and teaching of a pioneering pediatric surgeon, infused with historical perspective of medical education and medical practice over centuries around the world. Dr. Raffensperger has done it all over those years, developing new procedures, teaching medical students and residents at the bedside and serving as surgeon-in-chief at a leading center for pediatric surgery, the Children's Memorial Hospital in Chicago. He describes clearly the transformation of a service-oriented medical profession from the 1950s to today's fragmented, corporatized profit-driven system that has reduced patients' choices, become unaffordable for many Americans, and falls short of quality standards compared to other advanced countries. His concern for patients' welfare shines through the book as he calls for

fundamental reforms based on a single payer national health insurance. All who are concerned about health care, including their own, will find this a useful and fascinating read."

These two testimonials tell you what the book is about and why you should consider reading *The Education of a Surgeon*. John has also written *The Complete Diaries of Young Arthur Conan Doyle*, a three-book volume. All three diaries start with a medical diagnostic problem, and there are operations, criminal problems, most with a medical background in all three stories. He also has the E-book *Don't Hang My Friend* available on KOBE or Amazon. It tells a story of how medicine was practiced during the 1870s. I'll be talking about these books in the near future.✱

School Smart



by Shelley M. Gregg, NCSP

Dear Shelley, Even though the hurricane has passed and things are back to normal at our house, my younger children still seem anxious. What can I do to

help them? I'm starting to see issues arise for them at school.

Paul V., Fort Myers

Paul

Clearly the hurricane has been a substantial stressor in all of our lives in Southwest Florida, and your kids may be continuing to feel the anxiety that it created. Children and adults, for that matter, have anxiety for a variety of reasons. Regardless of who we are, everyone feels anxiety at various times throughout life, especially children who have experienced a natural disaster and then realize that dangerous things are very real and sometimes out of our control. Some childhood worries are typical of development, while others indicate a greater problem and, at times, it's difficult for a parent to differentiate between the two.

Here are some suggestions and guidelines to gauge the level of anxiety you are seeing with your children and, if it's appropriate, to get some mental health counseling.

If your child's natural reaction to most new situations is anxiety, it may be helpful to seek counseling to help your child develop more appropriate strategies for dealing with stress.

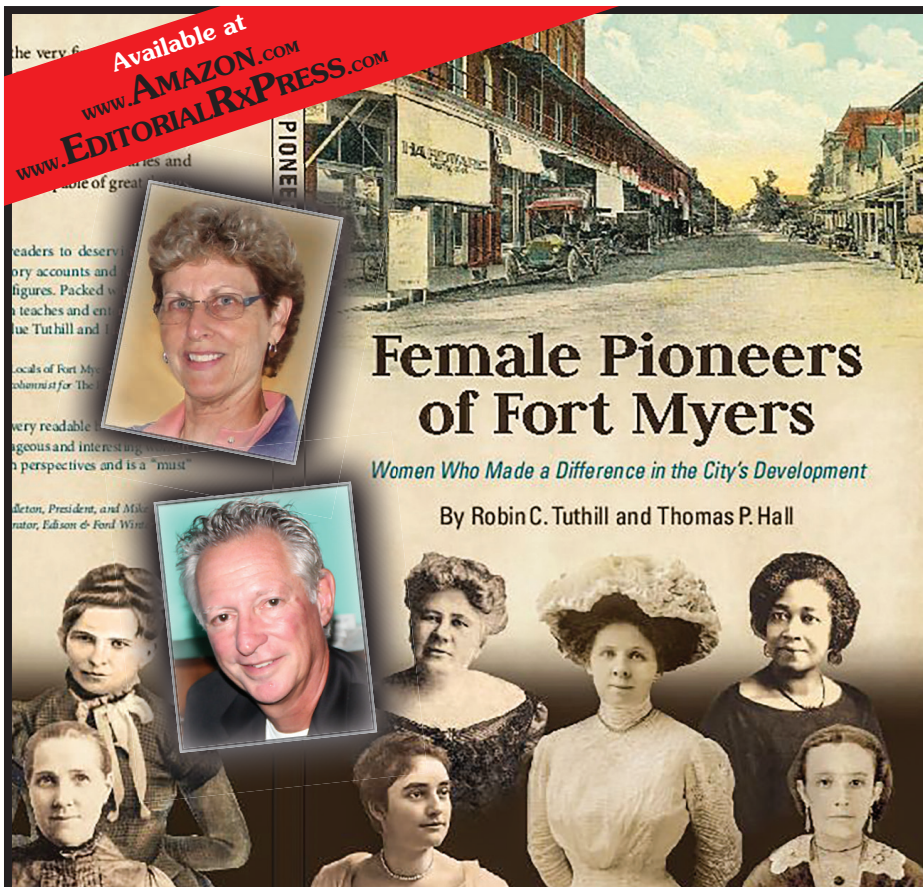
If there has been a significant stressor in your child's life, counseling for a brief period of time can help your child deal with the situation. This will also model appropriate ways of dealing with stress when future stressors arise.

If your gut tells you there is a problem, seek help. Usually parents have a good sense of this. Parents sometimes worry that they are just being overanxious and making something out of nothing. It's better to be overly cautious in this regard than to dismiss your intuitive observations.

Anxiety in children should not be ignored. Children who are anxious are developing maladaptive thought patterns that are much more difficult to break in adulthood. It's never too late to make changes in oneself, and the earlier one begins to break the patterns of anxiety, the easier it is. Also, having chronic anxiety in childhood makes one much more likely to develop an anxiety related disorder in adulthood.

Be it you or the counselor who teaches your children how to express their emotions regularly (the most important coping skill for anxiety); be assured that it's a good idea. You will be giving your kids the tools and strategies to deal with stress as a life skill.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✱



Female Pioneers of Fort Myers

Women Who Made a Difference in the City's Development

By Robin C. Tuthill and Thomas P. Hall

"Packed with facts and employing an engaging storytelling style, [*Female Pioneers of Fort Myers*] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too."

Gerri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*

Continental Women's Club

The Continental Women's Club will meet at The Hideaway Country Club on Thursday, November 2 at 11:30 a.m.

Amy Bennett Williams, storyteller and

writer of the *Field Notes* articles in the Tropicalia section of the *Sunday News Press*, will be the guest speaker. Cost to attend is \$22.

Continental Women's Club monthly meetings are held on the first Thursday of each month. The Hideaway Country Club is located at 5670 Trailwinds Drive in Fort Myers. Call 691-7561 for more information.✱

Estates CEO To Leave At End Of The Year



Chris Pendleton

photo provided

Chris Pendleton, president and CEO of the Edison & Ford Winter Estates, recently announced that she is leaving the nonprofit organization at the end of 2017. Her resignation was regrettably accepted at the board of trustees meeting on September 27.

"It is a very happy time for me as I will get married in early 2018, and pursue other opportunities during the next phase of my life," said Pendleton. "I am very proud of my achievements from the past 16 years, and I know that I am leaving Edison Ford in an excellent position for the future."

During her tenure as president and CEO, Pendleton undertook several major projects to restore and preserve the history, structures and gardens created by Thomas Edison and Henry Ford for future generations. The site has been nationally recognized for those accomplishments. Among the various awards, she is particularly proud of receiving the National Trust for Historic Preservation, Trustee Emeritus Award for Excellence in the Stewardship of Historic Sites; the Award of Excellence from the National Garden Clubs, Inc.; and the Exceptional Leadership Award from the Florida Association of Museums. In 2014, the Edison Botanic Research Laboratory was designated a National Chemical Landmark by the American Chemical Society. The annual Holiday Nights event was named in *USA Today* as one of the 10 Best Historic Homes for the Holidays. More than 250,000 people visit the site every year.

"What Chris has done for the Edison and Ford Winter Estates over the past 16 years is immeasurable," said Lee Golden, chairman of the board of trustees. "She and her staff have worked diligently over the years to raise the quality of all aspects of the estates. Chris has built an amazing team that will ensure continued success in the future. The next president and CEO will certainly benefit from the strength of the team they inherit. Although the staff, board of trustees and community will miss Chris' involvement and leadership, we are truly happy that she is moving on to the next adventure in her personal and professional life."

"I was hired in 2001 to investigate ways that the site could operate successfully as an independent nonprofit organization and to accomplish the initial restoration of the buildings, gardens and museum," said Pendleton. "Now 16 years later, we have completed \$14 million in restoration and preservation projects, operate on our own with annual revenues in excess of \$6 million, and enhance the site annually with about \$500,000 in preservation and growth. I am very proud of the staff and management team headed by Mike Cosden, chief operating officer; Rob Solomon, buildings and grounds director; Tom Hottovy, chief financial officer; and Lisa Sbuttoni, vice president of community and visitor relations. We currently have 80 paid employees, 250 volunteers and 21 dedicated community members that serve on the board of trustees. They are a very dedicated, professional and highly skilled group, and will continue the legacy of excellent care and program development at Edison Ford for our visitors to enjoy a memorable and informative experience."

"The significance and importance of the Edison & Ford Winter Estates warrants a broad, national search to ensure we find the best person to successfully build on the legacy that Chris has cemented after her 16 years of transformative and exceptional leadership," said Steve Niehaus, past chairman.

"The board of trustees understands the importance of finding the best fit for the incoming president and CEO," said Golden. "This position is wide in responsibilities, ranging from financial and administrative oversight, to relations with the local community, City of Fort Myers and the Edison and Ford foundations. Furthermore, focus cannot be taken off of our long-term strategic plan and mission. The board has created a formal search committee and confidential application and interview process. We are committed to finding the best possible candidate to fill the role of president and CEO for the Edison and Ford Winter Estates. The application for the position will be posted on the Edison Ford website at www.EdisonFordWinterEstates.org."

For more information, call 334-7419.*

Breakfast Benefit

Calendar Girls Florida and the Southwest Florida puppy raiser group invite the community to a Flapjack Fundraiser breakfast to support Southeastern Guide Dogs at Applebee's on Saturday, October 21 from 8 to 10 a.m. Tickets are \$10 and can be purchased in advance or at the door. Southeastern Guide Dogs, located

in Palmetto, Florida, is one of only 10 internationally accredited guide dog schools in the country. The services to the public are at no charge, and they rely on the support of the community. For more information about the school, visit www.guidedogs.org.

Applebee's is located at 13550 South Tamiami Trail in Fort Myers. For more information, contact Gail Gagliardi at 203-215-6617.*



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FBI Probe Reveals The Dark Side Of College Sports



by Ed Frank

You could see it coming. The only surprise is that it took this long to surface. And most likely, it's just the first revelation in a scandal that will rock college sports and hopefully bring vast changes.

We're writing, of course, about the FBI investigation of college basketball that last week resulted in the arrest of 10 people, including four basketball assistant coaches, on fraud, bribery and corruption charges.

"The picture of college basketball painted by the charges is not a petty one – coaches at some of the nation's top programs taking cash bribes, managers and advisers circling blue-chip prospects like coyotes, and employees of a global sportswear company funneling cash to families of high school recruits," said Joon Kim, acting U.S. attorney for the Southern District of New York, in announcing the arrests.

Caught in the web of the scandal was Hall of Fame Louisville coach Rick Pitino, although not charged, who was placed on administrative leave – essentially fired – after the FBI probe revealed that two Adidas employees paid the family of star recruit Brian Bowen \$100,000 to attend Louisville. Pitino denied knowledge of the arrangement.

The payoff to the Bowen family assumed the youngster would sign with Adidas once he turned pro and would work with a specific management company and a specific financial adviser.

Does this give you an inkling into the dark world of college basketball – a billion dollar business?

The FBI investigation has been ongoing for two years, yet the NCAA denied knowledge of the affair. Makes you wonder about its investigative powers.

For years there have been rumors and reports of payoffs and bribes in college sports, particularly basketball and football. There have been hints it also may reach down into high school.

We know that shoe and clothing companies pay millions to schools and coaches to wear their attire. It's just good advertising, they say. Adidas pays Louisville \$160 million over 10 years to wear its uniforms and shoes.

But the FBI revelations showed it was the Adidas money that was used for the payoff to the recruit's family.

Most feel the arrests last week are just the tip of the iceberg. Don't be surprised if some of the four indicted assistant coaches – Chuck Person of Auburn, Lamont Evans of Oklahoma State, Tony Bland of USC and Emanuel Richardson of Arizona – plea bargain to reveal further payoffs, etc.

As this scandal unfolds, there will be demands for the NCAA to tighten its rules and improve its investigative programs to stop what the FBI has unveiled.

The Federal charges clearly open the door to the biggest scandal in the history of college basketball. Time will tell, however, whether it leads to needed changes in the billion-dollar world of college athletics.

Red Sox And Twins Fans – Just Four Months Until Spring Training
Post-Season baseball is over for the Minnesota Twins and the Boston Red Sox, but fans take heart: Spring Training is just four months away.

The surprising Twins, bouncing back from the worst record in baseball a year ago, advanced to the playoffs this year winning the second American League wild card slot. They were eliminated by the New York Yankees in the one-game wild card contest.

And for the second straight year, the Red Sox were eliminated in divisional play after winning back-to-back American League Eastern Division titles. They were defeated by the Houston Astros three games to one. Don't be surprised if Boston Manager John Farrell is given his walking papers after repeated postseason losses.

Twins Manager Paul Molitor Awarded Three-Year Contract Extension
Twins Manager Paul Molitor was awarded a three-year contract extension after leading his club to the 2017 playoffs after losing 103 games in 2016. He is one of the favorites to win the American League Manager of the Year award.

Terms of the new contract were not announced.✧



Past City Championship golfers putting on Coral Oaks' 18th green photo provided

Cape Coral Championship Golf Tournament

Coral Oaks Golf Course will host the 2017 RE/Max Realty Team Cape Coral City Championship Golf Tournament on Saturday, October 21 and Sunday, October 22. As in previous years, competitors will vie for the lowest score in a 36-hole stroke play format consisting of five men's flights and a ladies' division. Gross score champions and low senior score will be awarded in each of the men's flights. The ladies' division will recognize one low gross score champion and award prizes based on low net scores.

Prior to the city tournament, Coral Oaks will host the Roger Dean Chevrolet Pro-Am on Friday, October 20 with a 1 p.m. shotgun start followed by a Kick-off Party and BBQ from 5:30 to 9 p.m. The party will include food, live music, plus a chance to mingle with past city champions, course members and friends. Admission to the party is included with the city championship and pro-am registration fees. Non-golfers can attend the party for only \$25, which includes two drink tickets.

Coral Oaks Golf Course officially re-opened to the public on October 7. Improvements include brand new Tif-Eagle greens on all 18 holes, new tee boxes on select holes, enlarged and

renovated practice facility, new GPS golf carts and revamps to Knickers Pub.

"The city championship has become one of the premier amateur golf events in our area, and we are pleased to kick off the tournament with a pro-am and barbecue on Friday again this year," said Allen Manguson, PGA director of golf at Coral Oaks. "The event creates strong competition amongst golfers of every skill level, and we are particularly excited this year for the players to experience Coral Oaks' brand new greens and other recent improvements. A big thank you goes out to RE/MAX Realty Team, Roger Dean Chevrolet and our other sponsors whose support help to make the tournament possible."

Entry fees are \$100 per person for Friday's Pro-Am event, \$150 for the weekend tournament, or a discounted price of \$240 for both. The tournament registration fee includes all green and cart fees for the 36-hole weekend competition, beverages on the course, lunch on Saturday, awards dinner on Sunday, range balls and tee gift for each golfer, prizes and trophies for the top finishers, plus one ticket to Friday evening's Kick-off Party. The tournament is limited to 172 competitors and interested golfers can register for the tournament by visiting the Coral Oaks Pro Shop or calling 573-3100. Blank entry forms can also be accessed at www.CoralOaksGolf.com. The deadline for registration is October 15.✧

SPORTS QUIZ

1. Who had more career victories as a pitcher for the Detroit Tigers: Jack Morris or Justin Verlander?
2. Between 1972-79, an Angels pitchers led the A.L. in strikeouts each season. Nolan Ryan did it seven of the eight seasons. Who did it the other one?
3. Who was the youngest coach to lead a football team to the college Division I national championship?
4. Name the first European-born player to win the NBA Most Valuable Player Award.
5. When was the last time the Washington Capitals reached the NHL's Eastern Conference finals?
6. Who holds the record for the fastest qualifying lap at the Indianapolis 500?
7. Earlier in 2017, in three different events, Rafael Nadal won a tennis tournament for the 10th time. One was the French Open. Name either of the other two.

ANSWERS

Morris had 198 victories in 14 seasons; Verlander had 183 in 13 seasons. 2. Frank Tanana had 269 strikeouts in 1975. 3. Danny Ford was 33 when he led Clemson to the 1981 season title. 4. Dallas' Dik Nowitzki in the 2006-07 season. 5. It was the 1997-98 season. 6. Arte Luyendyk ran a lap of 237.498 mph in 1996. 7. The Monte Carlo Masters and the Barcelona Open.

From page 1

Concert Series

show begins at 8 p.m.
Tickets are \$5. Visit www.sbdac.com to purchase tickets.
The Copper Tones bring sunshine with them wherever they go. Roots music with a favorable twist of soul, rock, Americana and more, they've coined their genre as "Soulgrass."
The members of the group are diverse multi-instrumentalists.

The mission of Islamorada Beer Company is to expand the craft beer fan base through island lifestyle branding and marketing, while maintaining the quality and attention to detail in its products. It promotes a work hard, play hard corporate culture in its employees, distributors, vendors and executives that is recognized throughout the industry.
The Sidney & Berne Davis Art Center is located at 2301 First Street in the historic downtown Fort Myers River District.✧

FSW Welcomes New Dean

Florida SouthWestern State College (FSW) welcomes Dr. Deborah Teed as its new dean of the School of Arts, Humanities and Social Sciences.

"We are pleased to welcome Dr. Teed to FSW," said FSW Provost Dr. Jeff Stewart. "She brings a wealth of knowledge and experience in state and community colleges, and the School of Arts, Humanities and Social Sciences is sure to benefit from her leadership and fresh ideas."

Dr. Teed has spent nearly 20 years in higher education, earning her PhD in comparative sociology from Florida International University. Prior to joining FSW, Dr. Teed served as associate dean of academic affairs and retention at Pasco-Hernando State College, Dade City and dean of social sciences and business at South Puget Sound Community College in Olympia, Washington.

"Whether their goal is to earn an associate in arts, an associate in science or a bachelor's degree, most students will at some time come



Dr. Deborah Teed photo provided

through the School of Arts, Humanities and Social Sciences," said Dr. Teed. "I look forward to carrying on the school's tradition of strongly established programs and respected faculty as well as helping to move it forward into the ever-changing future."✱✱

FGCU Alumni To Gather For Fun And Fundraising

This year's annual Florida Gulf Coast University (FGCU) Alumni Association bowling fundraiser will celebrate over a decade of generating Eagle pride and scholarship support.

Tickets are now available for Strikes for Scholarships, to be held at HeadPinz Entertainment Center on Saturday, November 4 at 4 p.m. Last year's sold-out event raised more than \$20,000 for student scholarships – enough for the FGCU Alumni Association to award three scholarships this academic year.

"It's so gratifying to have our alumni support this annual tradition and the impact it makes for our students," said Alumni Relations Director Kimberly Wallace. "It's a great opportunity for our alumni and friends to reconnect while making a difference for the next generation of Eagles."

At the November 4 event, 300 alumni will bowl, network for two hours and support a silent auction while enjoying refreshments. Bowlers can sign up individually or as a team at \$30 per adult and \$15 per child (age 7 and younger), including shoe rental.

HeadPinz Entertainment Center is located at 14513 Global Parkway in Fort Myers. For more information, call Angela Kunkle, assistant director of alumni relations, at 745-4343.✱✱

Critical Thinking Lectures Series

Florida SouthWestern State College (FSW) will host a series of guest speakers as part of its Critical Thinking Lecture Series. These community leaders will discuss how they use critical thinking skills in their profession or focus on critical topics from their area of career or academic interest. The series is free and open to the public.

Presentations can be viewed live on the Thomas Edison Campus or digitally at all other FSW locations. The October schedule is as follows:

Critical Thinking in the Digital Business Age with Wil Schmidt, global director of New Client Engagement for Gartner, Inc., on Monday, October 16 from 11 a.m. to noon. Campus locations are Thomas Edison Campus: Building U-102; Charlotte Campus:

Building E-105; Collier Campus: Building A-103; Hendry/Glades Curtis Center: Building A-106.

Vietnam in Transition with Dr. Sandi Towers, professor of Cornerstone Experience for FSW, on Thursday, October 19 from 6 to 7 p.m. Campus locations are Thomas Edison Campus: Building AA-177; Charlotte Campus: Building E-105; Collier Campus: Building M-201; Hendry/Glades Curtis Center: Building A-106.

Critical Thinking in Ancient Egypt with Adrian Kerr, director of Corporate Training for FSW, on Tuesday, October 24 from 2 to 3 p.m. Campus locations are Thomas Edison Campus: Building AA-177; Charlotte Campus: Building E-105; Collier Campus: Building M-201; Hendry/Glades Curtis Center: Building A-114.

For more information on the FSW Critical Thinking Lecture Series, contact Whitney Rhyne, director, Strategic Initiatives, at 433-6943 or Whitney.Rhyne@fsw.edu.✱✱

FSW Professor Earns Innovation Triumph Award

Florida SouthWestern State College Health Information Technology Professor Elizabeth Whitmer has been awarded the 2017 Innovation Triumph Award by the American Health Information Management Association (AHIMA).

AHIMA's Innovation Award honors individuals, groups or organizations that have focused on moving Health Information Management (HIM) into the future and have promoted important advances in areas related to HIM practice, quality data, standards development, patient safety, systems development and any domain where visionary thinking has made a difference.

Whitmer created ROAR: Root Operation App Rescue, a smartphone app for medical coding students. The app enables students to expand their grasp of coding terminology of the ICD-10-PCS medical coding system. The system has more than 70,000 seven-digit alphanumeric codes used in patient records for insurance agencies, Medicaid, Medicare, attorneys, workers comp and other billing agencies. The code provides information on the patient illness or injury, the location on the body, and the procedures and treatments the doctor performed. The app is currently being used by coding students at Bryan University in Tempe,



Elizabeth Whitmer photo provided

Arizona and has produced demonstrable improvements in student performance.

"Professor Whitmer has used her vision and creativity to enhance her profession and improve student learning," said Dr. Marie Collins, dean, FSW School of Health Professions. "We are quite proud of her accomplishments."

"This is a profession that not many people know about," Whitmer said. "It's quite fulfilling to know that I am giving back to my passion and helping more people become interested in medical coding. I am honored to receive this award."✱✱

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Saman Javedan photos provided

Parkinson’s Forum

Registration is open and seats are available for the Hope Parkinson Program Fall Forum, Medical Treatments for Parkinson’s Disease, at Crowne Plaza Fort Myers at Bell Tower Shops on Friday, October 27. Check-in and exhibits begin at 8:30 a.m., while the program begins at 9 a.m. The forum will feature neurologist and movement disorder specialist Khadijah Shamseddine, MD, who will present Medicines to Manage Parkinson’s Disease: Motor & Non-Motor Symptoms, and Lee Health



Khadijah Shamseddine

neurosurgeon Saman Javedan, MD, who will present Surgical Options for Parkinson’s Disease and Tremor. A speaker panel and question-and-answer session will follow. Cost is \$10 and includes a light breakfast and valet parking. Preregistration is required by Friday, October 20. Register online at www.HopeParkinson.org/Events or call 985-7727. Hope Healthcare provides specialized care for all people with complex needs related to life-changing illness. Visit www.HopeHCS.org for a full listing of Hope’s programs and services.✱

Lee Health CEO Joins Board

The Florida Gulf Coast University Foundation, Inc. announced the election of Lawrence Antonucci, MD to its board for a four-year term at its quarterly meeting on Tuesday, September 19. Antonucci was named the president/ chief executive officer of Lee Health in June. Prior to joining Lee Health in 2007, Dr. Antonucci was a well-respected practicing obstetrician and gynecologist for 24 years. In 1983, he co-founded Physicians Primary Care (PPC), a large multi-specialty physician practice in Lee County. Today, PPC continues as one of Lee County’s premier, independent, group medical practices. The FGCU Foundation supports the university’s educational mission by securing and administering gifts on its behalf, managing its endowment and allocating funds that advance student achievement and enhance academic programs.



Dr. Lawrence Antonucci photo provided

For more information, contact Chris Simoneau, vice president for advancement and executive director of the FGCU Foundation, at 590-1064.✱

Educational Series On Bone Health

Lee Health’s Healthy Life Center is hosting a free three-part educational series on Mondays about bone health for men and women. The Fit to a T sessions will be held at the Wellness Center – Cape Coral at 10 a.m. The three sessions will help people of all ages learn more about bone health, as well as the prevention, early detection, diagnosis and treatment of osteoporosis. The sessions will also help explain what a T-score is, how it relates to bone health and why bone health is important. On October 16, Stacy Zell, RDN, CSP, LDN, adult and pediatric dietitian, will present Nutritional Aspects of Osteoporosis. On October 23, Barbara Pagano-Westgate, PT, women’s health specialist

and Sara Meeks Method trained, will present Therapy Aspects of Osteoporosis. According to the National Osteoporosis Foundation, about 54 million Americans have osteoporosis, a condition when bones become thin, weak, brittle and prone to fracture. It is the most prevalent bone condition with nearly one in two women and one in four men likely to suffer from it in their lifetime. Understanding one’s T-score, or the measure of a person’s bone density and susceptibility to fracture, can help diagnosis osteoporosis and determine if treatment is necessary and effective. Fit to a T is a free public education program created by the United States Bone and Joint Initiative. The Wellness Center is located at 609 SE 13th Court in Cape Coral. For more information or to register to attend, call 424-3210 or email HealthyLifeCenter@LeeHealth.org.✱



Operation Blue Roof is coming to Your Neighborhood!

Operation Blue Roof provides no-cost temporary repairs for roofs damaged by Hurricane Irma.

The U.S. Army Corps of Engineers contractors will install the temporary roof covering at **NO COST TO YOU.**

- Only primary residences with standard shingled roofs are eligible for the program.
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- To find the site nearest you, and
- Get the latest information on locations, dates, and center hours.

Applicants who use 711 or Video Relay Service may also call **800-621-3362.**

People who are deaf, hard of hearing, or have a speech disability and use a TTY may call **800-462-7585.**



From page 1

Theater Conspiracy

outspoken boyfriend Barry, is impatient and remarks, “The fact that this incredibly privileged, powerful woman still acts like a Dickensian victim is maddening,” he screams. Barry becomes jealous of Alex’s relationship with Streisand. As expected, things turn sour when the star-struck Alex learns a lesson about real friendship. On his last visit to the basement, he lifts his arms and spins around. “A person’s arm span is roughly the same as their height,” he says. “And that circle you make when you spin around is the extent to which you take up space in the universe. It seems to me, the stuff inside that circle is more important than all the stuff

you put around it.” Definitely food for thought. Jones plays several other characters, including Sharon, Streisand’s abrasive assistant. He does a fabulous job portraying all these characters with non-stop dialogue for 90 minutes, and no intermission. His timing and facial expressions are excellent. When he portrays Streisand, he’s especially good. The opening night audience enjoyed every minute. This outrageous comedy takes an insider’s look at fame and friendship. *Buyer & Cellar* is an entertaining one-man romp. It’s not real but it sure is a lot of fun. The play runs through Sunday, October 15. Tickets are available by calling 939-2787. Theatre Conspiracy is located at the Alliance for the Arts, 10091 McGregor Boulevard in Fort Myers.✱

Health Author To Visit Lee County

As part of their National Speakers' Series, Lee Health announce that the next presenter in the series will be Rip Esselstyn who developed the Engine 2 diet to provide optimal health and disease prevention with the added benefit of weight loss. Learn about the seven pillars of The Engine 2 Seven-Day Rescue Diet and how to implement them for big results.

Esselstyn was a three-time All-American swimmer at the University of Texas at Austin and spent a decade as a world-class triathlete. He introduced his passion for a whole-food, plant-based diet to Austin's Engine 2 Firehouse to rescue a firefighting brother's health. His New York Times bestselling book, *The Engine 2 Diet*, documents his success and shows the irrefutable connection between a plant-based diet and good health. His latest book, *The Engine 2 Seven-Day Rescue Diet*, was released in late 2016.

The free talk is open to the public and will be held on Monday, November 13 at 5:30 p.m. at the First Christian



Rip Esselstyn photo provided

Church, 2061 McGregor Boulevard, in Fort Myers.

If interested, send an RSVP to SpeakerSeriesRSVP@leehealth.org. Seating is limited and reservations are required. If you have questions or want more information, call 424-3234.✱

Bicycle Parking Mobile App

Thanks to the Bicycle Parking Project, the City of Fort Myers is working to make cycling more convenient in the Downtown River District. Twenty bicycle racks in the downtown area have been added to the Bicycle Parking mobile application, a free app available for both Apple and Android devices.

The Bicycle Parking app utilizes a worldwide database of bicycle racks and other bicycle parking spaces. The city's bicycle rack information was contributed to the database by City of Fort Myers

Step Up to Work student aides and engineering interns from Florida Gulf Coast University.

The mobile application enables users to locate a convenient bicycle rack and find their bicycle after visiting. Use of the Bicycle Parking app promotes a bicycle-friendly atmosphere in the City of Fort Myers. Residents, business owners and visitors are invited to mark additional bicycle racks throughout the city to assist other riders in their search for a bike rack.

The city plans to add the bike racks located at City facilities to the database in the near future. For more information, contact the City of Fort Myers Engineering Division at 321-7445.✱

From page 1

Quilt Show

Cookies and Conversation. They will share stories about their lives and adventures in Fort Myers.

Local authors will be on site to sign books and answer questions from 11 a.m. to 1 p.m. Authors include Chris Pendleton, Mike Cosden and Brent Newman of *Edison and Ford in Florida*; Jared Beck and Pam Miner of *River and Road: Fort Myers Architecture from Craftsman to Modern*; Pam Rambo of *Guide to Speaking Shelllanguage*; photographer, Ilene Safron of *City of Palms – A Contemporary Portrait*; and others.

Quilters' Guild participants will have quilts available for sale. Living history characters of Thomas Edison and Henry Ford as well as their wives will be on site for photo opportunities.

Henry Ford and his wife, Clara, collected quilts and other historical objects that were created and used by people from all across the United States. The quilts were often made from modest scraps of material, which demonstrated the resourcefulness of American women.

Tickets are \$20 for adults, \$17 for teens ages 13 to 19, \$13 for children ages 6 to 12 and free for children age 5 and younger. Cost includes quilt show and conversation with Mina and Clara. The book signing is free. Admission is free for Edison Ford members.

Following the quilt show, the Ford estate will close at 2 p.m.; the lab and museum will be open until 5:30 p.m. For more information, call 334-7419 or visit www.edisonfordwinterstates.org.✱

White Cane Walk This Saturday



White Cane Walk

photos provided

Lighthouse of SWFL Inc. will hold a White Cane Walk at the corner of Pine Island Road and Old 41/ North Tamiami Trail in North Fort Myers on Saturday, October 14 from 11 a.m. to noon. Parking is available in the North Fort Myers Plaza.

Walkers of all ages and abilities are invited to participate in the free event, which will be conducted by guides from Lighthouse of SWFL and the Lee County Sheriff's Office.

The White Cane Walk is held in observance of National White Cane Safety Day to celebrate the

achievements of individuals living with blindness and vision impairment. National White Cane Safety Day serves as a reminder that motor vehicles and pedestrians should yield the right of way to people with blindness or vision impairment using a long white cane.

The mission of the Lighthouse of SWFL is to enable people of all ages living with a visual impairment or blindness to remain independent, active and productive in society.

For more information, visit www.lighthouseswfl.org, email aturner@lighthouseswfl.org or call 997-7797.✱

Internship Program Earns Accreditation

Golisano Children's Hospital of Southwest Florida offers an internship program for child life specialists to gain valuable on-the-job training. The internship program was recently accredited by the Association of Child Life Professionals (ACLP). This is a brand new accreditation, and Golisano Children's Hospital's program was one of the first 14 child life internship programs in the U.S. to pursue the rigorous application process and earn the accreditation.

"Child life has been an important part of our continuum of care since the early days of the hospital, and we have offered an internship program for the past 17 years," said Michele King, Golisano Children's Hospital's first certified child life specialist and current director of the Child Advocacy Program. "The accreditation from the ACLP speaks volumes about the quality of our program and demonstrates our commitment to best practices in the education and training of child life specialists."

Child life specialists provide a unique service focused on the needs of children and families. They help children understand and cope with their medical treatment. The goal of their work is to make a child's treatment experience as

positive and stress-free as possible.

The Golisano Children's Hospital child life internship program accepts two interns each year – one in January and one in September. The internship involves 40-hour weeks for 15 weeks. During this time, the intern demonstrates skill in incorporating issue-specific, developmental, expressive play as part of the plan of care; fosters skills in providing different types of play; and demonstrates the ability to translate developmental theories of play into practice. The intern also gains skills in providing developmentally appropriate education and preparation for medical procedures, as well as providing support, distraction and relaxation during procedures as needed.

In order to obtain an internship and sit for the certification exam, candidates must have completed the minimum of a bachelor's degree in child life, child development or family studies, and must have completed the required coursework. Additionally, by January 2022, the requirements for internship and certification will include a master's degree in child life or a master's degree with a concentration in child life.

According to the ACLP, accreditation is a voluntary, two-step process of self-study and external review intended to evaluate, enhance and publicly recognize quality child life clinical internship programs, promoting the interests of students and the child life profession as a whole through continuous quality improvement of learning and professional practice.✱

deaRPharmacist

Do Figs Really Contain Wasp Parts?



by Suzy Cohen, RPh

Dear Readers: The first time I ate a fig I was about 40 years old. I was with my husband Sam, and we rented a cottage on a California vineyard in Sepastopol. One day, we were in the jacuzzi on the deck, and we

noticed a fig tree hanging overhead. So I asked the owner if we could eat the figs from the tree. That month it was literally a fig feast. I was making up for a lifetime of abstinence.

FYI, without the wasps you wouldn't have figs and vice versa. The female fig wasp enters a male (inedible) fig fruit and crawls into the fig through a narrow hole called the "ostiole," which is so cramped and tight that it cuts off her wings and antenna. The lady fig wasp doesn't know whether she's entered a male fig or a female fig. If it's a male "caprifig," she can get comfy and lay her eggs. The eggs hatch into larvae and grow within the fig's petals. The male wasp offspring are born blind and flightless, but they mate with the females. The male wasps try to 'eat' their way out by creating a tunnel, but unfortunately it's a long one, and they end up dying inside because they can't escape. Is this TMI?

Female fig wasps can collect a fig's pollen and crawl out the tunnel that their dead partners built then fly away in search

of a new fig plant to lay their own eggs in. If a female wasp enters a female fig, it's bad news. She won't be able to lay her eggs because of the stylus. She'll die inside that fig... but she will have delivered the pollen. Mission accomplished.

Some of you are amused, and others probably mortified. Are you worried that figs contain big wasps? I've eaten a million and never saw one. I don't think they contain wasps, honestly. The only time I ever saw a wasp inside a fig was on Google Images. (Don't do it!) You see, it all ends well. The female figs produce an enzyme called "ficin," which digests the wasp that entered it, thus turning the wasp corpse into pure protein inside the fig.

Those crunchies inside the figs are seeds, not wasp parts. And if you're wondering, fig jam is NOT sweet baby wasp paste! Go ahead and visually inspect your figs to see what's inside them. It's just fig seeds, no wasps. Really. Nevertheless, vegans sometimes avoid figs since wasp critters are required to make a fig, and they sometimes worry that the exoskeleton of the fig wasp may not be 100 percent digested by the ficin enzyme. I've also wondered if figs could trigger allergies in people who are already allergic to bee or wasp venom.

Figs are superfoods. They contain fiber, minerals, vitamins, potent antioxidants and protein. You might be wondering how I eat figs today. I put thin slices on top of a cracker with brie cheese. Visit my website and sign up for my newsletter, and I'll send you a little more information on the nutrition of figs, as well as recipes. Why do I know you are still disturbed about the wasps?

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.**

Doctor and Dietician

Muscle Mass And Aging



by Ross Hauser, MD and Marion Hauser, MS, RD

None of us like the thought of the loss of muscle strength that may come with aging. Is there something we can do to keep that issue at bay? Many seniors in the U.S. tend to eat most of their protein for lunch and dinner, but adding protein to breakfast may be a simple diet change that results in the added benefit of increased muscle strength.

A recent study in *The American Journal of Clinical Nutrition* showed that spreading protein equally among the three daily meals could be linked to greater muscle mass and strength in the elderly. Since every tissue in the body is made up of protein, it would

make sense that an increase in protein consumption would also then cause an increase in muscle mass and vice versa, as muscles are also composed of proteins. With this in mind, the team of researchers studied the effect of protein consumption on the strength, muscle mass and mobility of 1,800 people from Quebec ages 6 to 84 over a three-year period.

"We observed that participants of both sexes who consumed protein in a balanced way during the day had more muscle strength than those who consumed more during the evening meal and less at breakfast. However, the distribution of protein throughout the day was not associated with their mobility," explained Dr. Samaneh Farsijani, an author of the study.

Although the results demonstrated an increase in muscle strength, but no improvement in mobility, more investigation needs to be done to show whether physical function is improved by the increase of protein in the diet. In the meantime, it sure sounds like added muscle strength is another really good reason to consume protein throughout the day and to not skip it at breakfast.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.**

From page 1

Art Crawl

"I often feel like I keep a visual diary. I can look at my previous works and be reminded of where I was emotionally. In that sense, the work is deeply personal. I hope my work stands to alter or expand the viewer's conception of its meaning," he said.

During the presentation, Moreira will propose a refocus on the textural background, in contrasting with color. Layer upon layer, he seeks to reflect his life experiences and personal struggles, pictorially. "These new paintings deal with my fascination of how everything starts to fall apart as soon as it is created," he said.

The SoCo Cultural District location encompasses the block south of Colonial Boulevard, from the corner of McGregor Boulevard to Summerlin Road, to Royal Palm Square Boulevard and back to McGregor Boulevard.

Besides DAAS Co-op, participating SoCo cultural venues include Alliance for the Arts, Ocasiosca, The Union Artist Studios and Crafted, Catch 22, A Swedish Affair, Broadway Palm Dinner Theatre; Suzanne's Dance Fitness, Studio Os Urbanos, and City of Palms Studio. Vendors will set up at various locations in the Royal Palm Square, offering their handmade and fine crafts during the event. Musical performances at the Royal Palm Square are also scheduled for the evening.

DAAS CO-OP Art Gallery is located in the Royal Palm Square at 1400 Colonial Boulevard suite 84 in Fort Myers. For more information, visit www.socoswfl.com *



Work by Ric Moreira

image provided

Grant For Human Trafficking Awarded

Human Trafficking Awareness Partnerships (HTAP) recently received a \$5,000 grant from the John and Aliese Price Foundation in support of its human trafficking prevention work to teach children in high-risk neighborhoods about the dangers of human trafficking so that they can learn how to protect themselves. The grant money will also be used to educate parents and grandparents about human trafficking in the Dunbar

area. It is important that the entire family work together to understand how traffickers operate and to develop lines of communication to combat trafficking among family members.

"HTAP has held programs in the Dunbar area for years. Last year for the first time, we conducted our 'Prevention Power' event at the Stars Complex. We are happy that donors recognize the need to provide programs for the community. We want to reach entire families to share what they know to protect their children," said Nola Theiss, founder and executive director of Human Trafficking Awareness Partnerships.

For more information, contact Theiss at info@humantraffickingawareness.org.*

From page 14

Partners Named

our Rotary Clubs and members in the communities affected, following detailed needs assessments carried out by our local coordinator teams on the ground. We want to thank Cable & Wireless for its commitment and funding drive across the region," said Jeremy Hurst, chairman of Rotary International District 7020's Hurricane Relief and Recovery Committee.

Cable & Wireless will continue to expand its partner network as the region's rebuild and recovery needs are developed. Initial efforts will focus on support that gives people and

communities who have lost homes, livelihoods and even family, the practical aid, hope and support to help rebuild their lives. "Rebuilding and recovery from these devastating hurricanes is going to take a concerted and coordinated effort from all of those who can help," said John Reid, CEO of Cable & Wireless. "We're thrilled that ShelterBox and Rotary, with their expertise and passion for relief deployment, have joined as inaugural partners of the Cable & Wireless Charitable Foundation. The aim of the Foundation is to make an immediate difference in the lives of those affected by disaster and, with ShelterBox and Rotary as partners, I am confident that we can continue doing just that."*



Florida Grouper Oriental

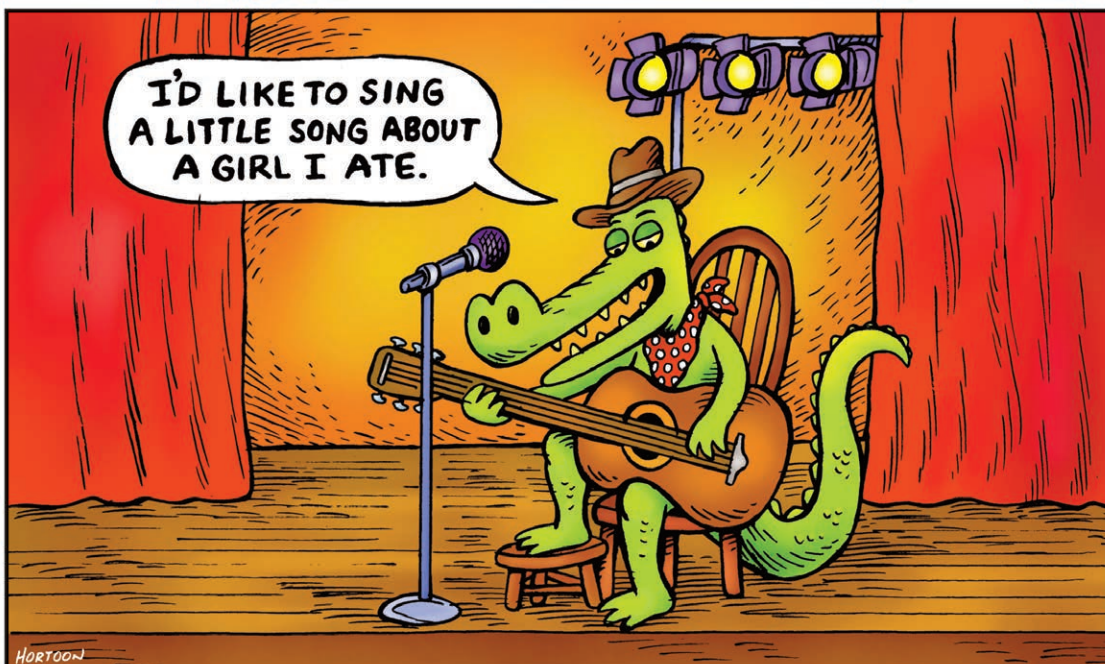
photo courtesy Fresh From Florida

**Florida Grouper Oriental**

½ cup soy sauce
 ½ teaspoon toasted sesame oil
 1 clove garlic, crushed
 1 teaspoon green onions, diced
 4 tablespoons hoisin sauce
 ¼ teaspoon fresh ginger, minced
 ½ teaspoon brown sugar
 4 six-ounce grouper fillets
 ½ teaspoon Chinese 5 Spice powder

Kosher salt, to taste
 Fresh ground black pepper, to taste
 ½ cup corn starch or rice flour
 2 tablespoons olive oil
 2 tablespoons unsalted butter
 For sauce, combine soy sauce, sesame oil, garlic, green onion, hoisin sauce, ginger and sugar in a small mixing bowl. Mix well, adding additional hoisin sauce to thicken mixture if needed. Cover and refrigerate for 1 to 2 hours to blend flavors. To serve, heat sauce in a small saucepan and keep warm. Sprinkle fillets with seasonings and dredge in corn starch or rice flour. Heat oil and butter in a large sauté pan over medium-high heat. When butter foams, add fillets; cook 4 minutes per side or until opaque in center. Transfer fillets to serving plate and serve with sauce on the side.
 Yields four servings.✪

HORTOONS



HORTOON

THE RIVER WEEKLY NEWS

FROM THE BEACHES TO DOWNTOWN FORT MYERS

Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

CLUBS & ORGANIZATIONS

Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Chorale Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE(National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Gateway to the Islands	218-5768
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

AREA ATTRACTIONS

Bailey-Matthews National Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to:
 press@riverweekly.com

PUZZLES

Answers on page 29

Super Crossword

26 BEGINNING TO END

- ACROSS
- 1 Nest item

4 Funny Mort

8 Casual top

14 Cape, e.g.

19 British lav

20 Jai —

21 Its capital is Roma

22 Berry of "The Call"

23 * Group for motorists

25 * Turn a profit, say

27 Jogging pace

28 Scheming

29 Drench

30 On the other side of

31 * "La Vie en Rose" singer

34 * Amass wealth

38 Aug. hours

39 Bonn "one"

40 Nail file materials

42 As dry as —

47 — -Man defense

48 "Rugrats" father

49 Baddie's look

51 Son of Eve

52 * 2009 R. Kelly song

56 * Stay calm
- 58 10,000,000 ergs

59 Lend support

60 Tip sheet

63 Compares statistics

64 Askew

65 Guevara the guerrilla

66 Greek diner menu item

67 Lushes

68 * Fulfill, as a promise

71 * What you don't need a return ticket for

76 Only

77 Skew

79 Cat paw part

80 Speed test

81 Crucial arteries

84 — noire

85 D.C. VIP

86 Like tapestries

87 * "No noise allowed"

89 * Kids' chemistry set, e.g.

92 Fed. of Brezhnev

93 Deliver an address

96 Walk- — (small parts)
- 97 Chemical ending

98 Nuclear trial, for short

100 Run-of-the-mill

102 "Inc." relative

103 Start for marital

106 * 13th-century pope

108 * General Mills cereal

111 Cascade Range peak

115 — kwon do

117 Squirmy fish

118 With 104-Down, cure concocted by Mom

119 * The mineral citrine, e.g.

123 What the first and last letters of 13 answers in this puzzle proceed through

125 Lowest point

126 Lift

127 Printer's unit

128 Chemical ending

129 Gives applause

130 Capital of 95-Down
- 131 Harper of Hollywood

132 Seaport of Scotland

DOWN

1 Highly happy

2 Pumpkins, e.g.

3 "Get busy!"

4 Body pouch

5 Pumpkin pie ingredient

6 Cart off to the jailhouse

7 Tripoli's land

8 Quirky mannerisms

9 Moe or Larry

10 Impedes

11 — du Diable

12 — de Oro

13 Frat letter

14 Mambo relative

15 Actor Bert

16 Roll topper

17 Sad cry

18 Adidas rival

24 Slugger Mel

26 Tic- — -toe

32 Fling

33 Regaled

35 Element #50

36 Smells nasty

37 "Ahh, OK"

41 Post-rain dirt

43 Swimming specialty

44 Woodwind instrument

45 Gas in lights

46 Pipe elbows

47 Leisure suit fabrics

48 Recoiled (from)

50 Add ammo

52 Des Moines' state

53 Wait secretly

54 Western lake

55 Happiness

57 Feel for

58 Clog

61 Let go of

62 Put on

65 Big name in old video game consoles

66 Itty-bitty biter of Famer Lynn

69 Butting beast

70 Be in debt to

72 Foil relatives

73 Shankar with a sitar

74 "Law & Order: SVU" actor

75 Ballpoint, e.g.

78 In medias —

81 Blue-green

82 Force to go

83 Go skyward

84 "Well done, diva!"

85 Raw power

86 George of "Cheers"

88 Saudi, e.g.

90 Turning tooth

91 Bean trees of India

94 Fifth of fifty

95 African country

99 Teaches one-on-one

101 2009 James Cameron film

102 Sobieski of Hollywood

103 Great fear

104 See 118-Across

105 New Hampshire prep school

107 Unedited

109 Bodily pump

110 "— -ching!"

111 Align, briefly

112 Get well

113 Alan of TV and film

114 Tiny mistake

116 Poet Pound

120 Sine — non

121 Increases

122 Ulna's place

124 Royal Navy inits.

1	2	3		4	5	6	7		8	9	10	11	12	13		14	15	16	17	18	
19				20					21							22					
23				24					25							26					
27					28				29							30					
31				32				33		34		35	36	37							
38				39				40	41							42	43	44	45	46	
				47				48				49				50		51			
		52	53					54				55			56		57				
58						59				60	61	62			63						
64					65				66					67							
68					69				70			71		72				73	74	75	
				76					77		78			79				80			
81	82	83					84					85				86					
87						88				89	90					91					
92					93				94	95		96				97					
98					99		100				101				102				103	104	105
					106	107							108	109				110			
111	112	113	114							115		116		117				118			
119							120	121	122					123			124				
125							126							127					128		
129							130							131					132		

King Crossword

- ACROSS
- 1 Recycling containers

5 Cauldron

8 Aladdin's —

12 And others (Abbr.)

13 "Go, team!"

14 Israeli airline

15 Hamlet's castle

17 Theater award

18 Aircraft

19 Tomorrow, in Tijuana

21 Space

22 Grand tale

23 Ref

26 Energy

28 Ancestor of Noah

31 Equitable

33 Knock

35 Great Lake

36 Possessed

38 24 hours

40 Corn spike

41 "Yeah, right!"

43 Pirouette pivot

45 Just say no

47 Senator's minimum age

51 Fermi's particle

52 One of Alvin's cohorts

54 Certain

55 Mangy mutt
- 56 Hebrew month

57 The — Piper of Hamelin

58 Coop dweller

59 Rod partner

56 Hebrew subject

8 Strong and regal

9 Tuna type

10 Primary

11 Entreaty

16 Tide type

20 Mimic

23 E.T.'s craft

24 Gullet

25 Ship in a Gilbert & Sullivan work

27 Cushion

29 Spy org.

30 Yon maiden

32 Picked up where you left

34 Seamstress' aid

37 Insult (Sl.)

39 Pirate's refrain

42 Command to Fido

44 Duck down

45 Grate

46 Needle case

48 Portrayal

49 Verifiable

50 Holler

53 Coloration
- DOWN
- 1 Honk

2 " — have to do"

3 Houston acronym

4 David's weapon

5 Flourish

6 Scull tool

7 Central

MAGIC MAZE ● CORE WORDS

A A D X A V S E P N K I F C A

X V S E C T R Q O L J F H E C

I A H X R O T V T R O P N L J

A L B A C O R E H U F D B Y X

V T L N R R C E R P O M K I G

E N E E D D B S L O Z X W U T

R Q E O R (S C O R E C A R D) N

L J I E G O F O D C S M A Y X

A L L E R O C W R V T S A S R

P D I E R O C T N E G E R O C

O N S L K J C I G F Y E C B F

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Albacore
- Coreen
- Co-regent
- Coreid
- Coreless
- Corella
- Corelli
- Coretta
- Corey
- Foam core
- Fourscore
- Hardcore
- Scorecard
- Scored
- Scores



"Hey, big spender, ever think of getting a job with the _____?"

answer on page 29

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Alarm
ALIGNS _____

Form
HEAPS _____

Swallow
STINGE _____

Distant
METEOR _____

TODAY'S WORD

	8		1			4		
5					2			9
		1		6			8	
		5			7	9		
3			9	1			7	
	6		4					1
9				3				6
	1				8	7		
		2	6				9	

SUDOKU

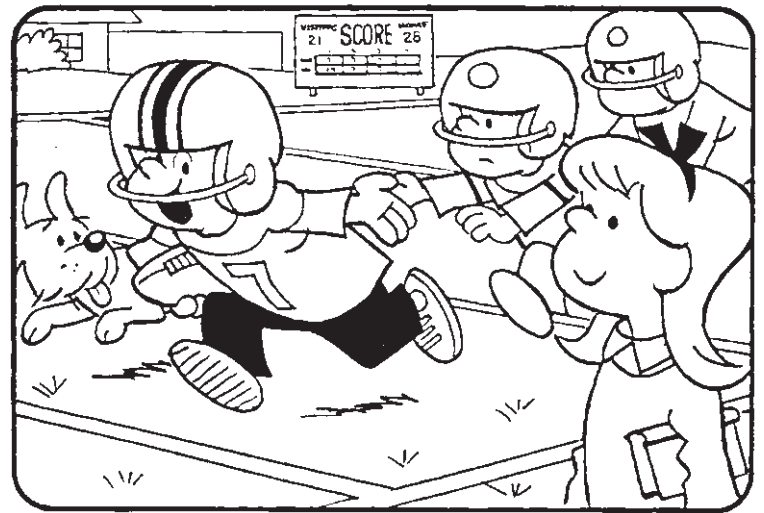
To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

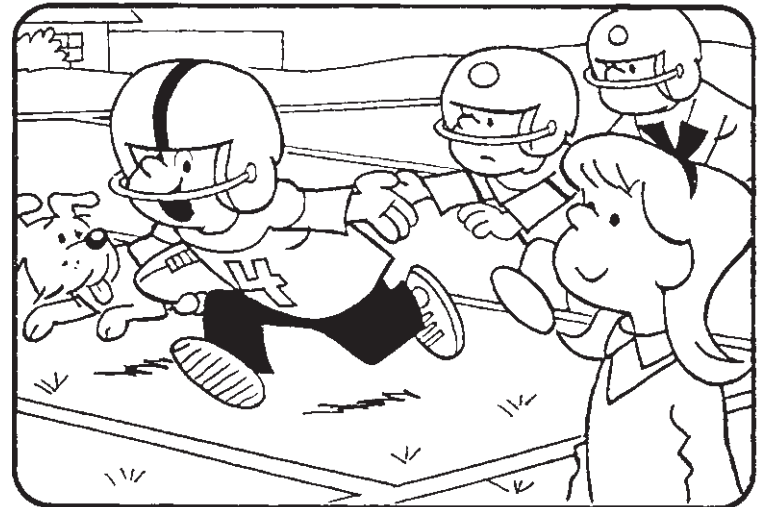
answer on page 29

HOCUS-FOCUS

BY
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Ears are different. 2. Stripes are missing. 3. Number is different. 4. Scoreboard is missing. 5. Neckline is different. 6. Book is missing.

Assistance For Sea Wall Damage Due To Hurricane

Individuals, home owner associations and condominium associations and other entities in Lee County may qualify for assistance related to damaged seawalls from Hurricane Irma, potentially through FEMA and/or the Small Business Administration (SBA). There are two critical steps that need to be taken before November 9 and November 10.

Register with FEMA. This must be done by November 10 in order to get a FEMA ID number. Go to www.disasterassistance.gov or use the FEMA smart phone app. People also can call 800-621-3362, although FEMA cautions that the wait time could be extensive. Any Disaster Recovery Center site also can assist.

Fill out an SBA application. The general information site is www.sba.gov/disaster and the specific application site is <https://disasterloan.sba.gov/>. Deadline is November 9. An individual or HOA does not need a FEMA ID number to apply at the SBA but that the SBA recommends you have a FEMA ID.

Note that some who have completed FEMA registration will receive communication within seven to 10 days from FEMA directing them to complete paperwork with the SBA.

Individuals and associations should not mistakenly disregard SBA opportunities because they are not technically businesses. This is a correct place for them to attempt to obtain seawall-repair assistance.

The Primary Source of Disaster Recovery Money for Floridians is through the SBA. The U.S. Small Business Administration (SBA) plays a major role in helping disaster survivors recover.

Next to insurance, SBA is the survivor's primary source of money for the long-term rebuilding of disaster-damaged private property.

If you are a survivor of Hurricane Irma, live in one of the 48 Individual Assistance designated counties in Florida and have applied for help with FEMA, you may be referred to SBA for additional assistance.

It is important to complete and submit a low-interest disaster loan application as soon as possible, if you receive one. This will ensure that the federal disaster recovery process continues and options are kept open.

Even if you do not believe you need a loan, you should complete and submit the application.

If SBA determines you are eligible for a loan, you are under no obligation to accept it. Homeowners and renters who submit an SBA application and are not approved for a loan may be referred to FEMA and considered for other FEMA grants and programs that could include assistance for disaster-related car repairs, household items and other expenses.

To apply for an SBA low-interest disaster loan, you can visit a FEMA disaster recovery center and meet with an SBA representative in person. SBA has staff at all recovery centers to help with applications.

To locate the nearest center, call the FEMA Helpline at 800-621-3362, use the FEMA app for smart phones or go online to www.fema.gov/DRC

You can also apply online using the Electronic Loan Application via SBA's secure website at www.disasterloan.sba.gov/ela.

The filing deadline to return applications for physical property damage is November 9. The deadline to return economic injury applications is June 11, 2018.*

Pet Adoptions

Lee County Domestic Animal Services (LCDAS) is joining the American Society for the Prevention of Cruelty to Animals (ASPCA) with the Find Your Fido initiative to raise awareness about homeless animals and help find safe, loving homes for dogs in the community. To encourage local supporters to #FindYourFido, Animal Services will reduce its adoption fee for dogs (and cats) older than six months to just \$30.

The ASPCA estimates that about 3.3 million dogs enter U.S. animal shelters every year to await adoption. The ASPCA #FindYourFido campaign is designed to expand the digital exposure for animals in shelters nationwide and raise awareness about the benefits of adopting a pet. During the month of October, Fido – a cardboard cutout ambassador for adoptable dogs in every city and county – will be crisscrossing the country to illustrate how easy it is to picture a shelter pet in your daily life and encourage animal adoption.

LCDAS is located at 5600 Banner Drive in Fort Myers. Visit www.leelostpets.com to view adoptable pets or follow on Facebook and Instagram @leeanimalservices to see the latest happenings at the shelter. Adoption hours are 10:30 a.m. to 3:30 p.m. Monday through Saturday.*

	FRIDAY Sunny High: 85 Low: 78		SATURDAY Mostly Sunny High: 86 Low: 79		SUNDAY Mostly Cloudy High: 87 Low: 80		MONDAY Sunny High: 84 Low: 77		TUESDAY Sunny High: 84 Low: 77		WEDNESDAY Sunny High: 87 Low: 79		THURSDAY Sunny High: 84 Low: 77
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Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	7:15 am	12:40 am	11:12 pm	3:17 pm	Fri	6:20 am	12:42 am	10:17 pm	3:19 pm	Fri	6:47 am	12:52 am	8:59 pm	2:43 pm	Fri	12:46 am	3:56 am	9:25 am	6:33 pm
Sat	9:05 am	2:47 am	11:39 pm	4:19 pm	Sat	8:10 am	2:49 am	10:44 pm	4:21 pm	Sat	8:34 am	2:48 am	10:05 pm	3:47 pm	Sat	1:22 am	6:03 am	11:15 am	7:35 pm
Sun	10:33 am	4:13 am	None	5:08 pm	Sun	9:38 am	4:15 am	11:09 pm	5:10 pm	Sun	10:04 am	4:03 am	11:17 pm	4:48 pm	Sun	1:49 am	7:29 am	12:43 pm	8:24 pm
Mon	12:04 am	5:13 am	11:41 am	5:47 pm	Mon	10:46 am	5:15 am	11:30 pm	5:49 pm	Mon	11:36 am	5:14 am	None	5:46 pm	Mon	2:14 am	8:29 am	1:51 pm	9:03 pm
Tue	12:25 am	6:02 am	12:37 pm	6:20 pm	Tue	11:42 am	6:04 am	11:49 pm	6:22 pm	Tue	12:08 am	6:15 am	12:39 pm	6:37 pm	Tue	2:35 am	9:18 am	2:47 pm	9:36 pm
Wed	12:44 am	6:44 am	1:25 pm	6:47 pm	Wed	12:30 pm	6:46 am	None	6:49 pm	Wed	12:43 am	7:06 am	1:23 pm	7:21 pm	Wed	2:54 am	10:00 am	3:35 pm	10:03 pm
Thu	1:02 am	7:22 am	2:09 pm	7:11 pm	Thu	12:07 am	7:24 am	1:14 pm	7:13 pm	Thu	1:13 am	7:49 am	2:02 pm	8:01 pm	Thu	3:12 am	10:38 am	4:19 pm	10:27 pm

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KING CROSSWORD

B	I	N	S	P	O	T	L	A	M	P
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MAGIC MAZE

CORE WORDS									
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SUDOKU

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3	2	8	9	1	6	5	7	4
7	6	9	4	8	5	3	2	1
9	7	4	2	3	1	8	5	6
6	1	3	5	9	8	7	4	2
8	5	2	6	7	4	1	9	3

My Stars★★★★

FOR WEEK OF OCTOBER 16, 2017

ARIES (March 21 to April 19) You might feel compelled to get involved on the “right side” of a seemingly unfair fight. But appearances can be deceptive. Get the facts before going forth into the fray.

TAURUS (April 20 to May 20) Bullying others into agreeing with your position could cause resentment. Instead, persuade them to join you by making your case on a logical point-by-point basis.

GEMINI (May 21 to June 20) Resist pushing for a workplace decision you might feel is long overdue. Your impatience could backfire. Meanwhile, focus on that still-unsettled personal situation.

CANCER (June 21 to July 22) Your aspects favor doing something different. You might decide to redecorate your home, or take a trip somewhere you’ve never been, or even change your hairstyle.

LEO (July 23 to August 22) You might want to take a break from your busy schedule to restore your energy levels. Use this less-hectic time to also reassess your plans and make needed changes.

VIRGO (August 23 to September 22) What you like to think of as determination might be seen by others as nothing more than stubbornness. Try to be more flexible if you hope to get things resolved.

LIBRA (September 23 to October 22) Watch that you don’t unwittingly reveal work-related information to the wrong person. Best to say nothing until you get official clearance to open up.

SCORPIO (October 23 to November 21) With things settling down at work or at home, you can now take on a new challenge without fear of distraction. Be open to helpful suggestions from colleagues.

SAGITTARIUS (November 22 to December 21) Your creativity can help resolve an emotional situation that might otherwise get out of hand. Continue to be your usual caring, sensitive self.

CAPRICORN (December 22 to January 19) You could impress a lot of influential people with the way you untangle a few knotty problems. Meanwhile, a colleague is set to share some welcome news.

AQUARIUS (January 20 to February 18) Aspects favor recharging your social

life and meeting new people. It’s also a good time to renew friendships that might be stagnating due to neglect on both sides.

PISCES (February 19 to March 20) Congratulations. Your talent for working out a highly technical problem earns you well-deserved praise. The weekend could bring news about a friend or relative.

BORN THIS WEEK: Your sense of justice makes you a strong advocate for the rights of people and animals alike.

THIS WEEK IN HISTORY

• On Oct. 16, 1773, the first public statement against the British Parliament’s Tea Act, a document known as the “Philadelphia Resolutions,” urges all Americans to oppose the British tax. Two months later, a group of colonists disguised as Mohawks boarded three British tea ships and dumped 342 chests of tea into the harbor.

• On Oct. 17, 1906, Wilhelm Voigt, a 57-year-old German shoemaker, impersonates an army officer and leads an entire squad of soldiers to help him steal 4,000 marks from the mayor’s office. Voigt humiliated the German army by exploiting their blind obedience to authority. The Kaiser thought the story was funny.

• On Oct. 18, 1968, John Lennon and Yoko Ono are arrested for drug possession in London. Days earlier, an announcement that Ono was pregnant created a scandal because both were married to other people.

• On Oct. 19, 1985, the first Blockbuster video-rental store opens, in Dallas. The store had 8,000 tapes displayed on shelves and a computerized checkout process. At its peak in 2004, Blockbuster had 9,094 stores.

• On Oct. 20, 1944, U.S. Gen. Douglas MacArthur wades ashore onto the Philippine island of Leyte, fulfilling his vow to return to the area he was forced to flee in 1942 under orders from President Franklin Roosevelt.

• On Oct. 21, 1959, the Guggenheim Museum, home to one of the world’s top collections of contemporary art, opens in New York City. The bizarrely shaped white concrete building resembled a giant upside-down cupcake. Today, 900,000-plus visitors visit the Guggenheim yearly.

• On Oct. 22, 1797, Andre-Jacques Garnerin makes the first parachute jump

from a hydrogen balloon 3,200 feet above Paris. As he had failed to include an air vent at the top of the prototype, Garnerin oscillated wildly in his descent, but he landed shaken but unhurt.

STRANGE BUT TRUE

• It was Irish author and editor Robert Lynd who made the following sage observation: “History may be read as the story of the magnificent rearguard action fought during several thousand years by dogma against curiosity.”

• Historians say that the Halloween tradition of trick-or-treating dates back to the early European tradition of mumming, when costumed dancers would go door to door to perform choreographed routines, as well as songs and plays, in exchange for treats.

• You might be surprised to learn that on a per-capita basis, Finland has more heavy-metal bands than any other country on Earth.

• If you’re fortunate enough to be planning a trip to Argentina, you’ll almost certainly make a stop in Buenos Aires, the capital. While you’re there, keep an eye out for a mobile work by Raul Lemesoff. The artist, known for his eccentricity, converted a 1979 Ford Falcon into a kind of a tank -- it even has a turret that swivels. Instead of soldiers and armaments, however, this tank carries books on shelves both inside and outside the vehicle. Lemesoff drives his “Weapon of Mass Instruction” through the city streets, delivering free books to all comers. His only requirement? Recipients must promise to read what he gives them.

• You’ve certainly heard of “Tarzan of the Apes.” Edgar Rice Burroughs’ 1912 work has been adapted over and over again -- for radio, television, film and more. You probably weren’t aware, though, that the novel was such an instant and ongoing success that Burroughs wrote 24 sequels.

• In a recent survey of pet owners, 43 percent of respondents said that they’d be eating healthier themselves if they ate the same thing they fed their pets.

THOUGHT FOR THE DAY

“What can be asserted without proof can be dismissed without proof.” -- Christopher Hitchens

SCRAMBLERS

solution

- 1. Signal; 2. Shape;
- 3. Ingest; 4. Remote

Today’s Word
PENTAGON

TRIVIA TEST

- 1. GENERAL KNOWLEDGE: Who were the founders of the magazine Reader’s Digest?
- 2. LITERATURE: Who wrote the novel “Fantastic Mr. Fox”?
- 3. U.S. PRESIDENTS: Which president started the annual Easter Egg Roll at the White House?
- 4. GEOGRAPHY: Where is Mount Etna located?
- 5. TELEVISION: What was the name of the skipper on “Gilligan’s Island”?
- 6. U.S. STATES: Which states are bordered by more states than any other?
- 7. ART: By what name was the famous American folk artist Anna Mary Robertson Moses better known?
- 8. ENTERTAINERS: Which famous actor/comedian was born with the name Joseph Levitch?
- 9. HISTORY: In what year did the United States’ first nuclear-powered submarine take its first voyage?
- 10. BIBLE: What was Paul the Apostle’s real name?

TRIVIA ANSWERS

- 1. DeWitt and Lila Bell Wallace
- 2. Roald Dahl
- 3. Rutherford Hayes
- 4. Sicily
- 5. Jonas Crumby
- 6. Tennessee and Missouri, each with eight border states
- 7. Grandma Moses
- 8. Jerry Lewis
- 9. 1958
- 10. Saul of Tarsus

★ ★ ★ CLASSIFIED ★ CLASSIFIED ★ ★ ★

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9/29 ★ 10/20

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10/13 ★ 10/13

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10/6 ★ 10/27

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10/13 ★ 10/20

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4 hours per day for sharp, energetic 91 year old woman.
Please call 239-472-4068
10/6 ★ 10/13

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9/22 ★ 10/20

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10/6 ★ 10/6

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PETS OF THE WEEK

Lee County Domestic Animal Services

Louie And Sweety

Ready to #FindYourFido? My name id Louie. I am a 2-year-old male american staffordshire terrier who likes belly rubs and long walks. I'm looking forward to meeting my new family during Adopt a Shelter Dog Month. I am teaming up with the ASPCA to help my furry friends and I find homes, so stop by and have one of the fabulous volunteers introduce you to me. My adoption fee is \$30.



Louie ID# A711843 photos provided

Hi, I'm Sweety. I'm a 6-month-old female domestic medium hair who is a beautiful brown tabby that lives to my name. Throw in my piercing eyes and gorgeous coat and you have the perfect trifecta. Now through the end of October, I am just \$30 to adopt. You can take me home and a feline friend at no additional charge. My adoption fee is \$30. For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available. The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.



Sweety ID# A712401

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food. The adoption package is valued at \$500.✽

Haven on Earth Animal League

Stormy And Ellie

Hi there! I'm Stormy. I am a handsome orange tabby boy with a white chest. I'm called Stormy because I was found after Hurricane Irma. Apparently, I got lost in the storm and now I need a new home. I'm 1-year old, neutered and up



Stormy photos provided

to date on all vaccines. I'm currently residing at Petco at Gulf Coast Town Center. My adoption fee is \$100. Hello, my name is Ellie. I am a very pretty green-eyed tabby girl. I'm about 1-year old, spayed and up-to-date on all vaccines. My adoption fee is \$100. I am currently staying with a foster family. Please adopt me so I can have a home of my own. We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.✽



Ellie

PAWS Of Sanibel

Hurricane Kittens

These beautiful kittens were born on approximately August 20 off Atlantic Plaza Drive on Sanibel. They have been cared for since before their eyes opened. Their mother is feral, but thankfully, once she is spayed and has her immunizations, she has a good home to go to off-island in a neighborhood where she will be much safer. These kittens were actually evacuated to a warehouse complex on U.S. 41 for the hurricane when they were just two and a half weeks old. They will remain with their mother for a while yet, as they cannot be combo-tested until they are 12 weeks old. In the meantime, they are going to the veterinary office every two weeks for care and immunizations. Some are already spoken for, but some remain available at this time. If you're interested in adopting a beautiful kitten, call Pam at PAWS at 472-4823.✽



Hurricane kittens photo provided

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Edgewater	Fort Myers	1999	5,688	\$3,400,000	\$3,100,000	0
Cape Coral	Cape Coral	2005	4,908	\$1,449,000	\$1,175,000	90
Belle Meade	Fort Myers	2014	3,534	\$869,100	\$830,000	166
Dunes At Sanibel Island	Sanibel	1988	2,222	\$799,000	\$750,000	110
Bonita Lakes	Bonita Springs	2014	3,127	\$749,000	\$689,000	173
Becklers Riverside Add	Fort Myers	1955	3,098	\$749,000	\$749,000	6
Cape Coral	Cape Coral	2006	2,312	\$735,000	\$702,000	40
Paradise Village	Bonita Springs	2016	2,228	\$699,900	\$685,000	108
Little Lake Murex	Sanibel	1989	2,614	\$699,000	\$670,000	57
Cape Coral	Cape Coral	2016	2,530	\$699,000	\$712,150	87



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